



**IndieFlix Shines the Light on Anxiety with Must-See Documentary,
"ANGST: RAISING AWARENESS AROUND ANXIETY"**

**NEW FILM CREATED TO START COMMUNITY CONVERSATIONS ABOUT ANXIETY &
PROVIDE TOOLS, RESOURCES & HOPE SCREENS ON**

**September 29, 2019 at 5:00 pm
Eastminster Presbyterian Church
2240 Woodruff Road
Simpsonville, SC 29681**

Free Tickets: <https://www.showclix.com/event/angst-eastminster-presbyterian-church>

IndieFlix, a leading independent online streaming platform, along with its non-profit arm, the [IndieFlix Foundation](#), is sparking a global conversation about anxiety through screenings of its brand-new documentary, "[Angst: Raising Awareness Around Anxiety](#)". On Sunday, September 29, Eastminster Presbyterian Church, First Presbyterian Church of Simpsonville, and Fountain Inn Presbyterian Church will hold a special screening of the documentary at Eastminster Presbyterian Church to open up a dialogue between local families, community leaders and experts. The event will feature a viewing of the 56-minute film, followed by an informative question and answer panel discussion. (See back for details on panel participants.) The film is appropriate for ages 10 and up.

Producers Scilla Andreen and Karin Gornick have one goal: to start a global conversation and raise awareness around anxiety. Through candid interviews, they utilize the power of film to tell the stories of many kids and teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they've found solutions and hope. The film also includes a special interview with Michael Phelps, a mental health advocate and one of the greatest athletes of all-time. In addition, the documentary provides discussions with mental health experts about the causes of anxiety and its sociological effects, along with the help, resources and tools available to address the condition. For more information, visit <https://angstmovie.com/>.

Free tickets are now available and space is limited! The screening will be held at Eastminster Presbyterian Church at 5:00 pm.

Visit <https://www.showclix.com/event/angst-eastminster-presbyterian-church> for tickets.

PRESS CONTACT: Rev. Pressley Cox, Eastminster Presbyterian Church,
864-284-0190, pressley@eastminster.com

See back for information on Panel Participants.

Panel Participants

Dr. Frank Alexander Clark is a board-certified adult psychiatrist at Prisma Health-Upstate. He received a Bachelor of Arts degree from Monmouth College in Illinois and a Doctor of Medicine degree from Northwestern University. He then completed his residency in general psychiatry at the University of South Carolina School of Medicine/Palmetto Richland Hospital in Columbia, SC.

Dr. Clark serves as Clinical Assistant Professor at the University of South Carolina School of Medicine-Greenville and Medical Director & Division Chief for Adult Inpatient and Consult-Liaison Services for the Department of Psychiatry and Behavioral Medicine at Prisma Health.

In addition to his psychiatric practice, Dr. Clark has held many leadership positions in national organizations including the American Medical Association and the American Psychiatric Association. Locally he serves on the board of directors for NAMI: National Alliance on Mental Health and Mental Health of America.

Dr. Clark has a strong passion for medical missions work and has traveled to numerous countries including Zambia, Ireland, Guatemala, Nicaragua, Canada, and Haiti to serve others medically and spiritually. He considers his faith a significant factor in his success and his practice. Spending time with his family, running, writing poetry, and traveling are three avid interests of his that help him keep balanced.

Brittney Clow is a Licensed Independent Social Worker-Clinical Practice. She specializes in therapy with children, adolescents, adults, and families at the Counseling Services of Greenville. Brittney provides therapy for mood disorders, Attention-Deficit/Hyperactivity Disorder, Anxiety, Depression, relationship difficulties and family conflict. She also has experience and training with post-adoption, including children with abuse and neglect in their past. She has experience with trauma-focused cognitive behavioral therapy, along with extensive training in Narrative Therapy for attachment disorders. Brittney is also the only therapist in the upstate trained in Accelerated Resolution Therapy (ART), which is evidence-based for the effective and fast resolution of PTSD and depression, along with several other mental health problems. ART is shown to achieve benefits rapidly.

Robyn Ellison holds a Master of Education in emotional and Behavioral Disabilities from Furman University. Robyn has training in Adverse Childhood Experience (ACE), CPI Nonviolent Crisis Intervention Training, Adult Mental Health and Youth Mental Health First Aid Instructor Training. She works for Prisma Health Care as Education Coordinator and Mental Health First Aid Instructor throughout South Carolina and the East Coast. Robyn has instructed various organizations including Greenville County Schools, Pickens County Schools, Presbyterian College, Furman University, Converse College, USC School of Medicine, SC Bar Association, Miracle Hill, and Americorps.

Mollie Murphy is a Licensed Professional Counselor working at the Canterbury Counseling Center in Greenville, South Carolina. Mollie has a Master of Divinity and Master of Arts from Erskine Theological Seminary. She has Advanced Certification in EMDR therapy. Her training is in three primary areas: Pastoral Care, Family Systems, and Brief Solution Focused Therapy. This has allowed her to work with a variety of populations across the entirety of the life span from terminal illness to early childhood throughout her career. Currently, she works with adolescents, couples, women and families...many who are struggling with problems such as grief, anxiety, adjustment, parenting, life transitions, and communication concerns. Her passion is providing a safe and supportive environment to help individuals and families develop a meaningful life that works for them in their unique setting. Mollie also provides supervision to licensed interns.