NOV

Event Schedule

2026

01 NOV

SUNDAY SLOWDOWN

This is a space to slow down and recharge with hot tea, puzzles, art, journaling & quiet conversation.
*Resource closet with hygiene products will be open

4pm – 7pm

02 NOV

MEET, GREET, AND EAT

Bring your lunch, pull up a chair, and come hang out! Share your dreams about ways to connect, collaborate, or simply be part of the community!

11am – 1pm

TUESDAYS

WEEKLY CENTERING PRAYER

A form of meditation for calming the mind and resting in Divine Presence.

11am – 12pm

WEDNESDAYS

GROUND & FLOW YOGA*

Think slow, soft, and a little "ooey gooey." Move through intentional breathing, gentle movement, and embodied poses and leave feeling grounded.

9am – 10:15am

WEDNESDAYS

GUIDED JOURNALING*

Quiet the mental noise, process your thoughts, and discover what your inner voice is trying to tell you.

10am – 11am

THURSDAYS

DOODLE DAYS

Come doodle, create, and unwind with us because sometimes your soul just needs a good scribble.

11am – 12pm

Find more on page 2

*Register on our website

@recentergvl
recentergvl.com

Re:Center

1925 Pelham Road
Greenville SC 29615

NOV

Event Schedule

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13 NOV

HAPPY HEALING HOUR*

A different kind of happy hour that offers real rest for your nervous system, not just a distraction from the week- guided mindfulness, movement, and connection

5pm – 6:30pm

15 NOV

HOLIDAY BOUNDARIES WORKSHOP

A creative workshop for navigating family expectations and the holidays with greater intention and stronger tools.

3pm – 5:30pm

21 NOV

COMMUNITY CRAFT + POTLUCK*

Re:Center and Greenville Creative Club invite you for an evening of sharing creative energy, yummy food, and a cozy fall movie.

5pm – 7pm

30 NOV

SPIRITUAL DIRECTOR MEETUP

Spiritual directors are invited to connect with colleagues, exchange resources, share the joys and challenges of the work, and build community.

12pm – 1:30pm

30 NOV

REFOCUS PRODUCTIVITY NIGHT

Got projects you've been avoiding? Paperwork? Creative pursuits? Bring them with you and we'll use the pomodoro focus method to get them done!

6:30pm – 8:00pm

DETAILS

Unless specified, all of our events are open to the public. Complete details can be found on our website at recentergvl.com. Be sure to sign up for our newsletter to stay in-the-loop about all of the ways to renew, connect, and create at ReCenter!

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