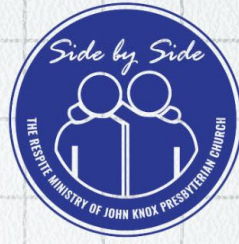


RESPITE MINISTRY



SAVE THE DATE AND SPREAD THE WORD



Come join us on Monday, September 21,
from 9am-1pm for volunteer training at John Knox
for our Side by Side Respite ministry for individuals
living with memory loss and their caregivers!
Please let Laura know if you plan to attend!
(Ireichen@johnknoxpres.org or 864-244-0453)

WE NEED VOLUNTEERS!

PLEASE HELP US TO SPREAD THE WORD either through word of mouth, forwarding this email, or sharing the attached flyer!

Did you know it takes 15-20 volunteers to make one day at [Side By Side Respite](#) happen [John Knox Presbyterian Greenville, SC](#) with our current enrollment? Our Friends are paired with a Volunteer, while another amazing Volunteer team helps prepare, serve, and clean up lunch.

And what happens in between? A WHOLE LOT OF FUN! Our Tuesdays, Wednesdays, and Thursdays are filled with:

- 🎵 Music & singing
- 💃 Dancing & chair exercise
- 🧶 Crafts
- 🎮 Games & brain activities
- 🏐 Beach-ball volleyball
- 😂 Lots of laughter
- ❤️ Fellowship and friendship

...and usually a few moments we couldn't have planned if we tried!

We are also always looking for volunteers who are willing to share a special talent or lead an activity! This could include singing or playing music, doing a little magic or entertainment, or helping lead creative projects like crafts, painting, wreath making, or seasonal decorating (fall, Christmas, and everything in between!). These activities bring so much joy and help make each day feel extra special and meaningful for our Friends.

If you have 4.5 hours to give on a Tuesday/ Wednesday/ or Thursday, we would LOVE to have you join us!

♥ And don't worry—you don't need any special skills – we will prepare you. We're looking for people who can laugh, have fun, be patient, make a new friend, and maybe even get a little competitive over a beach ball!

Come see what makes [Side By Side Respite](#) so special.

You might come to volunteer... and leave with a whole new group of friends.

Interested? Contact Laura at [John Knox Presbyterian Greenville, SC](#) for more information and come join the fun! ***Next Volunteer Training is on Monday, September 21 from 9:00-1:00 at John Knox Presbyterian – RSVPs are requested but not required. We are hoping for a full room! Can you help?

Peace

Laura Reichen

Director, Side by Side Respite Ministry

John Knox Presbyterian Church

864-244-0453