

Flourishing in Seasons of Surrender

An Overnight Retreat for those navigating the “Letting Go’s “ of Life...



11am Saturday, May 31 - 12pm Sunday, June 1, 2025

Are you in a place of having to let go of expectations and circumstances or experiencing change in your life? How can our soul find peace in these times of unsettling change?

Life is full of seasons of surrender...times where we are in transition, moving away from something familiar and comfortable into a space of unfamiliarity and discomfort. These times of surrender can sometimes be of our choosing, but often circumstances beyond our control impose this space of surrender upon us and we must yield to what is happening around us...to us...and within us.

This **overnight retreat** is a reprise of the popular Day of Reflection that was offered in the Spring of 2024, but in an extended time frame to allow for further/deeper exploration and reflection on these “letting go’s” as times of discovery - of ourselves, others and God - and that lead us to real growth and intimacy with God. Teresa Venatta will be returning as our guide for this retreat.

Please see the back of this flyer for more about our Presenter, Teresa Venatta!

Registration Fee: \$175 per person

includes overnight accommodations (private room with shared bath), Lunch and dinner on Saturday and Breakfast on Sunday. Retreat will conclude at noon on Sunday after Mass.

**To Register online please go to www.archindy.org/Fatima & click on “Register”
or scan the QR code to the right - scroll down to find this program**

OR you may contact our Registrar, Lisa Coons at (317) 545-7681; lcoons@archindy.org



5353 East 56th Street Indianapolis, IN 46226 | (317) 545-7681 | www.archindy.org/fatima

Meet our Presenter, Teresa Venatta...

Teresa Venatta grew up in Indianapolis as a member of St. Luke Parish. She was in the last graduating class of Ladywood - St Agnes and attended Marian University. Teresa and her husband Mike are currently members of St. Jude Parish on the southside, where she is active in spiritual direction, faith sharing groups, and communion to the home-bound .

Teresa's Catholic faith has been formed by Catholic school, CRHP and many other retreats, Bible studies, faith sharing groups, and many hours in Eucharistic Adoration.



She completed the Spiritual Directors Internship Program through the Benedict Inn in 2012 and has been a practicing spiritual director since then. Teresa is the Discernment Companion for the Archdiocese of Indianapolis. In this role she connects seekers with spiritual directors and coordinates the Archdiocese registry of spiritual directors in providing both community and continuing formation. She also currently serves on the Advisory Board for Our Lady of Fatima Retreat House.

In 2022 she completed the 2-year Forest Dwelling Program through the Oblate School of Theology in San Antonio, TX. This program centers around late life spirituality and becoming a wisdom elder.

Teresa and her husband Mike have 2 daughters and 2 granddaughters and a new grandbaby on the way, who keep them grounded and young at heart!

She is an avid meditative/pilgrim walker and is grateful for opportunities to 'prayerfully saunter' in God's glorious creation.