

### Who should and why attend a Silent Directed Retreat

All are welcome to come for this retreat experience, regardless of faith or religious background. This retreat is designed for those who:

- Want to deepen their relationship with God.
- Want to learn more about themselves in relationship with God and with others.
- Are facing or experiencing a shift in life and are wondering what the next steps might be.
- Simply need to get away and find some peace.

### What to Expect on a Silent Directed Retreat

There are not many rules that govern this kind of retreat, other than discovering God's Love and trying to figure out how to respond!

### Retreat Options

3-day Retreat: July 18-20, 2025

\$265 per person;

Includes 5 meals, and  
2 sessions with a Spiritual Director

5-day Retreat: July 18-22, 2025

\$425 per person;

includes 11 meals, and  
4 sessions with a Spiritual Director

8-day Retreat: July 18-25, 2025

\$595 per person;

includes 20 meals, and  
7 sessions with a Spiritual Director.

All retreats will begin Friday evening,  
July 18th with an Orientation at 7pm.

Doors will open for registration at 6pm.  
Your Retreat will end on the day of your  
departure at 3pm.

Registration fee includes all meals, overnight accommodations, use of the common areas and grounds, celebration of Mass each day, refreshments and snacks available each day, and a daily meeting with a Spiritual Director.

*\*\*Upon registration you will be sent a questionnaire about your life and spiritual journey that we ask you to complete and return. This will assist our Discernment Companion in matching you with a Spiritual Director for the retreat. All information shared on the questionnaire will remain confidential.*

**To register online:** please go to [www.archindy.org/fatima](http://www.archindy.org/fatima) & click on "Register" or scan the QR code below. Scroll down the page to find the desired program and length of retreat.



Please contact Lisa Coons, Registrar, for further questions on registration at (317) 545-7681; [lcoons@archindy.org](mailto:lcoons@archindy.org).

**Please consider making a donation to support programs like this and our Ministry at Our Lady of Fatima!**

To donate online please visit our website at [www.archindy.org/Fatima](http://www.archindy.org/Fatima).

For questions about making a donation, please contact our Director at (317) 545-7681 or email us at [fatima@archindy.org](mailto:fatima@archindy.org)

## About This Retreat

### What is a Silent Directed Retreat?

Silent Directed Retreats are based on the Spiritual Exercises of St. Ignatius of Loyola, which encompasses the experiences of the persons where they are and where God is found in the midst of every day life. This retreat will be offered in this spirit and tradition and will include the following:

- Silence - Silence gives us the opportunity to tune out the noise and distractions of our regular routines in order to more intentionally focus on our relationship with God. Your time, including meals will be in silence and all will refrain from talking except for during Mass and when meeting with your Spiritual Director.
- Prayer - you will be invited to spend time in prayer to acknowledge God's presence and ask for God's Grace (help) as you spend time with Scripture passages as a means to hear what and how God is speaking to you.
- Spiritual Direction - You will be given a Spiritual Director with whom you will meet each day of the retreat for approximately 30-45 minutes. Spiritual Direction is not about counseling or offering advice, but rather listening to where you are with God and how God is speaking to you in your life and during this retreat. Your Spiritual Director is someone who is committed to prayer and Scripture, and is trained and experienced in Silent Directed Retreats.

## Our Facility

We are located on 13 acres including:

- \* Labyrinth
- \* Wooded Trails
- \* Outdoor Stations of the Cross
- \* Shrine to Our Lady Of Fatima
- \* Shrine to St. Joseph
- \* Stations of the Nativity
- \* Rosary Walk and Garden
- \* Holy Family Shrine
- \* Outdoor Patio with Rocking Chairs
- \* Picnic Tables and Benches

Our indoor common areas include a Chapel, lower level gathering space, a library, comfortable lounge area, bookstore/gift shop.

Overnight accommodations include a comfortable full size bed, a recliner and desk with chair in a private room with private bathroom. Towels, soap, extra blankets and pillows are provided. Each room has individual climate control.



Our Lady of Fatima Retreat House  
5353 East 56th Street  
Indianapolis IN 46226



[www.archindy.org/fatima](http://www.archindy.org/fatima)

## Silent Directed Retreat

*A retreat for those in everyday life in the real world given in the Ignatian tradition*

Chose a 3-day, 5-day or  
8-day retreat

July 18 - 25, 2025



*Discover more deeply how God is working in your life and how to respond to God's Love for you....*

