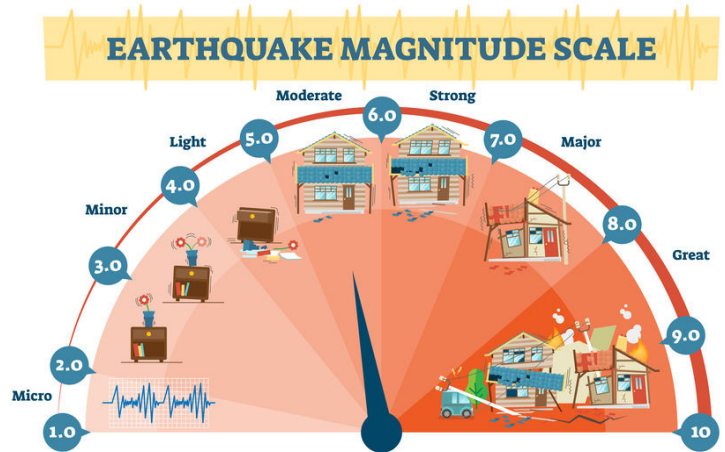


EARTHQUAKES

Earthquakes are when the ground will shake or things in the building or my house will move.



Sometimes earthquakes are little and I don't even feel them. Other times they are medium sized and I feel a little bit. Sometimes they are big and I feel a lot of shaking or see a lot of things moving around me.



If I feel an earthquake, it is a good idea to move away from things which may fall. We may have practiced this at school. It is called "Drop. Cover. and Hold On."

What to do DURING an earthquake?



DROP



COVER



HOLD

During earthquakes, drop to the floor, take cover under a desk or table, and hold on to it so that it doesn't move away from you. wait there until the shaking stops.

DROP means I should get on my hands and knees.



COVER means I should put my hand over my head and neck with one arm. I should crawl underneath a table or desk near me to be safe.



I should HOLD ON to the table until shaking stops.



I will wait for someone who cares about me to tell me it is safe to come out.



I may need to practice. When we practice there is not a real earthquake. We practice to stay safe.



For more information visit
www.ieautism.org/safetyissues