



Learn, Love & Grow

Established By
A Mommy on a Mission, 1993

Educational Workshops: Life Skills, Shows, Field Trips & Events

One FREE Workshop! The Lunch & Dinner Club! *It's That Good!* Cooking Workshops



All recipes made with 7 cups of Lovel

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time	12:30- 2:30	12:30- 2:30	12:30- 2:30	12:30- 2:30	4:00-6:00
Cost	FREE	FREE	FREE	FREE	FREE



Hello Families!

School is out and I would **love, love, love** for your Little Buddies to join in on all the fun and explore our world through food by preparing simple homemade dishes. Pack up your family and join Ms. Nisha for The Lunch Club. Our cooking workshops are designed to give your Little Buddies the confidence of assisting in preparing simple dishes such as fresh salads, cookies, ice cream, homemade pretzels to more complex dishes like casseroles soups your meals from scratch. *Learn Love and Grow* is a "NEW" program in Granite Bay, we're excited to share we have over 30 workshops for families and our workshops have been offered in schools in Japan and over 300 communities across

Families that cook together stay together. So come join in on all the fun!

Granite Bay Location: 8445 Sierra College Blvd Suite C | Granite Bay, California 95661

Ages: Little Buddies ages 5-16

Fall Registration Discount : Register for fall sessions and receive an additional **FREE** Workshop

Homework: Like us on Facebook (LEARN LOVE and GROW) and see for yourself why our families and communities Rock!

Disclaimer: The Loomis Union Elementary School District neither endorses nor sponsors the organization or activity represented in this document. The distribution of this material is provided as a community service.

Call 916-872-1528 to **reserve your "One" FREE workshop.** *Text today! Space is Limited!*



8445 Sierra College Blvd Suite C | Granite Bay, California 95746 | 916-872-1528 | learnloveandgrow.com