

# SPRING 2020 REGISTRATION NOW OPEN

<http://www.sierrafoothillslacrosse.org>



## SIERRA FOOTHILLS LACROSSE CLUB

### BOYS & GIRLS YOUTH LACROSSE

14U (7th/8th Grade)

12U (5th/6th Grade)

10U (3rd/4th Grade)

Coed 8U (K/1st/2nd Grade)

PARENT/PLAYER KICK-OFF MEETING WEEK OF JANUARY 6<sup>TH</sup>.

Sierra Foothills Lacrosse Club provides youth lacrosse for boys and girls K-8<sup>th</sup> grade in Loomis, Penryn, Newcastle, Auburn and Colfax. We congratulate Del Oro High School for having boys and girls lacrosse teams this year! It is the fastest growing sport west of the Appalachians! Come join the fun and encourage your friends to play! Beginners welcome.

14U, 12U practices start mid-January, 10U practice starts late February, 8U is a 7 week program starting after daylight savings. Registration closes December 6<sup>th</sup>.

For registration & further information go to

[www.sierrafoothillslacrosse.org](http://www.sierrafoothillslacrosse.org)

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