

**UNITARIAN UNIVERSALIST CHURCH OF FRESNO**  
**ZOOM PROGRAMS**  
**Last Edited October 29th**

**Post-Election Gathering with Rev. Tim**

Wednesday, November 4 at 10:00 am,  
12:00 pm, and 7:00 pm.

Join Rev. Tim in a safe space to reflect in community on the election, whether results are known or not.

**Zoom meeting:** <https://zoom.us/j/95964986902>

**Meeting ID:** 959 6498 6902.

**Phone:** 16699006833. (then enter Meeting ID: 959 6498 6902, followed by #. When prompted for User ID, just hit # again).

**Town Hall with Tim: November 12 at 6:00 pm.**

Join Rev. Tim for a spirited Q&A on all things church-related, religion-related, election-related or life-related.

**Zoom link:**

<https://zoom.us/j/99392680062pwd=bkdMRmMvbTFWNktXQ090L3ZoYWZSdz09>.

**Meeting ID:** 993 9268 0062

**Passcode:** 358196.

**Phone:** 16699006833 (then enter Meeting ID: 933 9268 0062, followed by #. When prompted for User ID, just hit # again).

**Spiritual Reflection with Rev. Tim**

Take the time to connect and join Rev. Tim for spiritual nourishment and togetherness.

*Tuesdays at 7pm and Thursdays at 11am*

**VIDEO:** <https://zoom.us/j/94599824478>

Meeting ID: 945-9982-4478

**PHONE:** 669-900-6833 (then enter Meeting ID: 945-9982-4478, followed by #, when prompted for User ID, just hit # again)

**Social/Coffee Hour**

Join us after the worship service for spirited conversation and connection.

(Bring your own coffee or tea)

*Sunday after the Service Ends*

**VIDEO:** <https://zoom.us/j/96785914824>

Meeting ID: 967-8591-4824

**PHONE:** 669-900-6833 (then enter Meeting ID: 967-8591-4824, followed by #, when prompted for User ID, just hit # again)

**Hatha Yoga with Jenny**

Jenny R. leads her famous chair yoga and a reflection.

*Mondays at 6pm*

**VIDEO:** <https://zoom.us/j/97768989369>

Meeting ID: 977-6898-9369

**PHONE:** 669-900-6833 (then enter Meeting ID: 977-6898-9369, followed by #,  
when prompted for User ID, just hit # again)

### **Chair Yoga and Meditation with Jenny**

Jenny R. leads her famous chair yoga and a reflection.

*Wednesdays at Noon and Fridays at 1pm*

**VIDEO:** <https://zoom.us/j/97768989369>

Meeting ID: 977-6898-9369

**PHONE:** 669-900-6833 (then enter Meeting ID: 977-6898-9369, followed by #,  
when prompted for User ID, just hit # again)

### **Buddhist Fellowship Meditation**

Join our weekly meditation and study group. The Dharma Without Dogma Sangha is an inclusive meditation and study group in which the participants feel an affinity with UU principles and Buddhism.

*Wednesday at 3pm*

**VIDEO:** <https://zoom.us/j/94225906754>

**PHONE:** +16699006833 (then enter Meeting ID: 942-2590-6754, followed by #,  
when prompted for User ID, just hit # again)

## **ADULT CLASSES, WORKSHOPS, AND GROUPS**

### **Introduction to Unitarian Universalism Series**

*Alternating Sundays at 11:45am*

Join Rev. Tim and Patty Bennett for an engaging and informative introduction to UU history and beliefs, and an overview of our church community here in Fresno.

**VIDEO:** <https://zoom.us/j/92148063924>

Meeting ID: 921-4806-3924

**PHONE:** 669-900-6833 (then enter Meeting ID: 921-4806-3924, followed by #,  
when prompted for User ID, just hit # again)

### **Faith and Film Series with Rev. Tim Kutzmark**

**“The Apple Pushers”**

**Sunday, November 8 at 6:30 pm**

Registration is Requested <https://forms.gle/5CoV6fHfedATDCuz8>

This documentary follows the inspiring stories of five immigrant pushcart vendors who are rolling fresh fruits and vegetables into the poorer neighborhoods of New York – neighborhoods where finding a ripe, red apple is a serious challenge and where obesity rates are skyrocketing. Through the lens of their powerful and deeply personal stories, the film examines such hot-button issues as the obesity crisis, immigration, entrepreneurship, and what it really takes to achieve the American Dream.

<https://zoom.us/j/94666801101>

### **An Autumn Spiritual Retreat with Rev. Tim Saturday**

**Nov. 14 10 am – 2:30 pm Led by Rev. Tim Kutzmark.**

Registration is required. <https://forms.gle/5CoV6fHfedATDCuz8>

Do you wish you felt more connected to your spirituality, but aren't exactly sure what that means? Would you like to have a slow, gentle day to think about your life, but your schedule is just too full to do that on your own? Do you wish you had a chance to spend time with other people looking for the same things? Then join Tim for this nurturing day of renewal. Please wear loose and comfortable clothing, bring TWO cozy blankets for relaxation periods, and plan to sit in a comfy chair or on floor with pillows and/or meditation bench. Please plan a simple bag lunch for our food break. We'll be creating simple personal altars during this retreat, and suggestions will be sent in advance.

<https://zoom.us/j/96315014457>

### **Faith Like A River Faith Like a River Themes from Unitarian Universalist History**

Nov. 18th at 7pm or Nov. 22nd at 1pm Swimming in the Stream Together

Facilitated by Dani Livesey

Registration Requested <https://forms.gle/5CoV6fHfedATDCuz8>

Faith Like a River explores the dynamic course of Unitarian, Universalist, and Unitarian Universalist (UU) history—the people, ideas, and movements that have shaped our faith heritage. It invites participants to place themselves into our history and consider its legacies. What lessons do the stories of our history teach that can help us live more faithfully in the present? What lessons do they offer to be lived into the future?

This workshop considers the history and meaning of covenant in our religious tradition. It explores the difference between a covenant and a statement of belief and examines the importance of covenant in the free church tradition as it pertains to both freedom of thought and freedom of governance. <https://zoom.us/j/94516329602>

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### **Chalice Circles (Twice Monthly Small Group Connection)**

Join with 8-10 others for twice-monthly facilitated spiritual and personal exploration, connection and community. Unlike a drop-in group, you'll come to know a small group of people over time, and they will come to know you. Led by an experienced facilitator, this is perhaps the best way to develop meaningful relationships in our church community. Think of this as our version of bible study, except the scripture we explore is the sacredness and wisdom of our human lives.

*Various times throughout the month.*

Please contact Dani Livesey, Director of Lifelong Learning, for more information and to register for a group.

**Email:** [growspiritually@uufresno.org](mailto:growspiritually@uufresno.org)

**Phone:** 559-322-6146 (church office)