

## Here are the Guidelines for the Kinds of Fabric We can Use

For SHIELDS: 100% cotton fabrics, quilting weight, in bright or dark prints, the busier the better (since this helps hide stains). Botanicals, geometrics, batiks are usually great. Girls often like bright colors!

NO

- solid colors,
- white backgrounds,
- camouflage,
- flags,
- words, or
- anything with eyes or faces
- no animals or people or living creatures or cartoon characters.

Smallest useful piece is 5" x 10" (which will make 2 pockets).

for BAGS: 100% cotton OR cotton/polyester blends that are washable. Can be heavier weight than quilts use; lightweight home decor/upholstery fabrics will work, for instance. Same guidelines as above about colors and patterns. Smallest useful piece is 12"x30"

for LINERS: 100% cotton flannel, midweight (like 'Snuggle' brand at JoAnns). Some flannel shirtings are too light weight. Same guidelines as above for colors and patterns. Since these go next to the body we almost always use NEWLY BOUGHT fabric (rather than used sheets, for instance) for these. Smallest useful size is 6"x9" but generally we work in longer strips in those widths, plus an 11.5" width.

As you'd expect, we can't use fabrics that smell of smoke or mothballs or musty basements or are stained or badly faded.