

LACROSSE CLINIC!

Berks Catholic HS Girl's Lacrosse is proud to announce a free lacrosse clinic!

BC Girls Lax Coaches and Players will coach and will instruct basics of the game, skill development for **field positions and goalies.**

WHEN: **Sunday, October 29 2023 1pm-3pm.**
Sunday, November 12, 2023. 1pm-3pm

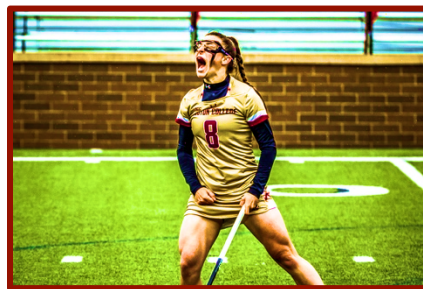
WHERE: **Berks Catholic HS Stadium**

WHO: **Girls Grades K – 8.**

- **If you're already a laxer...come hone your skills.**
- **If you've never played before... come learn the game!!**

PLEASE BRING:

- **Water**
- **Mouthguard**
- **Sneakers/ cleats**
- **Willingness to learn and have fun!**
- **If you are a veteran laxer, and are able, please bring an extra stick / goggles to share**



REGISTRATION due October 22 for the Oct. 29 clinic
November 5 for the Nov. 12 clinic

Please Use the Following Link to Register:

https://docs.google.com/forms/d/e/1FAIpQLSe2mkf7BG0hBeu6VDABzJuo7Kcfti1ppZnMTH-X_Hs2Wtcc9g/viewform?usp=sf_link

OR Contact Asst. Coach Josh Ditsky jditsky@berkscatholic.org or 610.898.9252
and provide student name, school, grade level, playing experience,
parent/family cell #