



QUEER-AFFIRMING THERAPY

A mental health program designed to meet the unique needs of LGBTQ+ youth and caregivers.

SERVICES



INDIVIDUAL THERAPY FOR LGBTQIA+ YOUTH

Tailored therapy sessions designed to cater to the specific needs of LGBTQ+ youth! We link LGBTQ+ youth with AMFT* therapists who have completed our LGBTQ+ clinical training program. Please note that currently, our services are exclusively available to youth residing in California. We offer a flexible pricing structure for individual therapy sessions and do not currently accept insurance.



QUEER COSMOS SUPPORT GROUP

An inclusive support group of young individuals ages 12-18 living in California. Through creative and expressive arts, we will delve into our connection to queerness. Our aim is to provide a platform for exploring themes like history, identity, and community, allowing us to define what queerness means to each of us.



OUTER ORBIT SUPPORT GROUP

A group for parents, caregivers, guardians, adults, or mentors who have LGBTQIA+ youth in their lives that they love. This group will provide a space to process your experience, connect with others, and expand the ways in which you can be supportive to them.



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