



Bridging the healthcare
gap worldwide

CHRONICLE OF JANUARY 2026 CARING

A STRONG START TO THE YEAR

As we step into a new year, one thing remains constant: the power of collective action. January has been a month of reflection, preparation, and progress at Medical Bridges, reminding us that global impact is built **one shipment, one partnership, and one act of care at a time.**

Thanks to our supporters, partners, and volunteers, we are beginning the year energized and focused on expanding access to lifesaving medical supplies for communities around the world.

BRIDGING THE HEALTHCARE GAP

HIGHLIGHTS IN THIS EDITION:

- JANUARY SHIPMENTS
- GLOBAL HEALTH IMPACT
- JANUARY EVENTS
- PARTNER RECOGNITION
- HOW YOU CAN HELP

Coming soon: our 2025 Annual Report, capturing a year of care, commitment, and global impact.

JANUARY SHIPMENTS



UKRAINE

In January, Medical Bridges loaded **seven** 40-foot maritime containers of lifesaving medical equipment bound for hospitals in Ukraine, moving through the Port of Houston, Romania, and directly into facilities repeatedly damaged by war. Every item was tested, vetted, and prepared for immediate use, made possible through trusted partners, donors, volunteers, and sponsors working together to move care where it's needed most.

NIGERIA

Medical Bridges partnered with BUILD at Texas A&M and VOOM Foundation to prepare and load a BUILD clinic destined to serve communities in need in Nigeria. Designed and built by dedicated students, these clinics reflect the power of collaboration and innovation in advancing global health, proving what's possible when partners come together with purpose. Special thanks to TNT Crane & Rigging for helping with efficient loading.



CAMEROON

Medical Bridges, in partnership with AFAB Development Association, loaded a container of medical supplies bound for Cameroon to support the AFAB Integrated Health Centre, a **50-bed facility** serving more than **4,000** people and caring for hundreds of patients each month. This shipment strengthens local healthcare delivery from maternal and child health to malaria treatment and prevention.



GLOBAL HEALTH IMPACT

CONTAINER SHIPMENTS TO UKRAINE CONTINUE

Thanks to Medical Bridges' long-standing partner, Daar Foundation, two containers of humanitarian medical aid recently arrived in Ukraine. The equipment and consumables will support healthcare providers in the Kharkiv and Chernihiv regions, where needs remain urgent.

These shipments reflect the impact of sustained partnerships and dependable supply chains, ensuring critical medical care reaches communities when and where it matters most. Together, we ensure regular medical support continues to save lives.



"..as soon as it gets to Ukraine, people in Ukraine within weeks will get these equipment ...and it will literally save lives"

Consul General of Ukraine in Houston, Vitalii Tarasiuk



JANUARY EVENTS



CHEVRON HOUSTON MARATHON

At this year's Chevron Houston Marathon, Medical Bridges had the honor of cheering runners at the finish line. This is where perseverance, community, and purpose converge. As each runner crossed, we were reminded that health and dignity are essential to every journey, and that access to care makes endurance possible. We celebrated resilience, shared victories, and the power of showing up for one another.

UKRAINE SHIPMENT MILESTONE



Medical Bridges gathered with partners and community leaders to mark a powerful milestone: Over 100 containers shipped to Ukraine, delivering more than \$20 million in medical equipment and supplies and 457 tons of lifesaving care. The ceremony honored not an ending, but a continued commitment built on trust, partnership, and the resolve to ensure healthcare workers on the frontlines are never alone.

PARTNER RECOGNITION

PETERSON HEALTH

Medical Bridges is proud to recognize Peterson Health for their long-standing commitment to compassionate care and global impact. For 75 years, Peterson Health has served the Texas Hill Country with excellence, and through the donation of a specialized ophthalmic surgical microscope, that same care will reach patients worldwide. By ensuring this critical equipment was repurposed rather than retired, Peterson Health demonstrates healthcare leadership in action.

We also extend our thanks to **Project MEND**, whose seamless coordination made it possible to move this lifesaving equipment to Houston and onward to global partners in need. These partnerships show what's possible when healthcare systems and nonprofits collaborate to extend care beyond borders.



HOW YOU CAN HELP MEDICAL BRIDGES MAKE A DIFFERENCE



DONATE MEDICAL EQUIPMENT

Please help by allowing Medical Bridges to pick up your surplus medical equipment and supplies. To donate, please reach out to:

Marcel Benavides

Procurement Manager

mbenavides@medicalbridges.org

713-766-6554

VOLUNTEER

Caring people like you make a difference. If you are interested in volunteering, please reach out to:

Bonnie Oggero

Volunteer Coordinator

boggero@medicalbridges.org

713-766-6576



SPREAD THE WORD

If you share our passion for improving access to healthcare, please like, follow, and share our stories on social media.



FINANCIAL DONATION

Medical Bridges welcomes donations by check, PayPal, Donor Advised Funds, Qualified Charitable Distributions (QCDs), as well as gifts of cryptocurrency, securities, and physical assets.

Medical Bridges, Inc.

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Every dollar you give enables 3 people to be treated