CORONAVIRUS: PREVENTION

The best prevention of the Coronavirus or any infectious disease is prevention.

Disinfect any areas that are frequently touched

1 PRACTICE PREVENTION

- Stay home if you're feeling sick
- Avoid contact with those who are sick
- Clean objects you touch often
- Cover your coughs and sneezes
- Discard tissues in closed bin
- Avoid touching your face
- Wash your hands thoroughly and frequently

2 DISINFECT PUBLIC SPACES

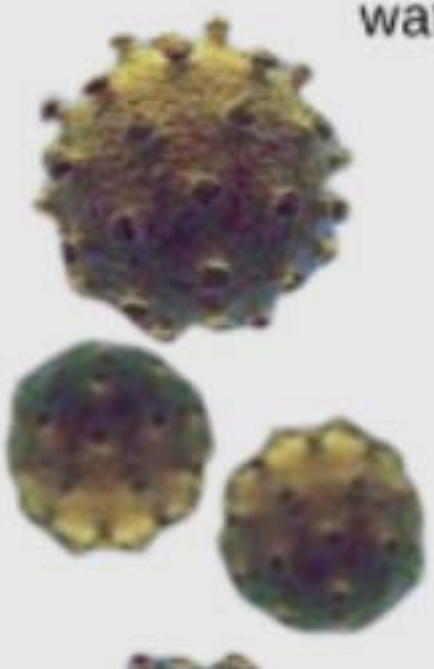
- Door knobs and door frames
- Stairs and escalator hand rails
- Receptions desk and office phones
- Elevator doors, buttons and surrounding walls
- Common spaces like break rooms and bathrooms

3

PREPAREDNESS KIT

- Flu supplies
- Vitamins
- Pain relievers
- Stomach remedies
- Fluids with electrolytes
- Cough and cold remedies

It is recommended to have two weeks of food, water and medicines avaliable to you.



Stay Safe!

FOR MORE INFORMATION

Please visit: CDC.GOV