**Nothing To Prove**

***CA Women’s Retreat 2020***

*“And Grace calls out, 'You are not just a disillusioned old man who may die soon, a middle-aged woman stuck in a job and desperately wanting to get out, a young person feeling the fire in the belly begin to grow cold. You may be insecure, inadequate, mistaken or potbellied. Death, panic, depression, and disillusionment may be near you. But you are not just that.* ***You are accepted****.' Never confuse your perception of yourself with the mystery that* ***you really are accepted****.” –Brennan Manning*

**Questions for Discussion and Notes:**

**1. Where are you striving in your life right now? Where are you trying to prove something? Where do you feel like you are falling short, and you’re pushing yourself to try harder? Where do you feel you aren’t enough?**

(It might be in your body image, your mommy image. It might be that you are working hard to be the perfect wife, the perfect friend, the perfect daughter, the perfect follower of Jesus. Where are you striving?)

**2. Where do you find yourself in the story of Mary and Martha? Who do you relate to? If you were one of these sisters, which one would you be? Or maybe you are like one sister in one area of your life and like the other one in another area of your life. Take a few minutes to turn and talk about it.**

**3. Where are there holes in your life you may want to fill by being noticed? Where do you long for recognition like Martha? Where do you feel frustrated because your efforts aren’t noticed or appreciated?**

**Notes:**

1. **Welcome Jesus In.**

**4. If your life was a home, with many rooms, what is one area that you feel Jesus asking you to surrender more to His loving care? Where is He asking you to welcome Him in?**

**b. Sit at His feet.**

**Draw a picture of your abiding moment.**

 **c. Discover the One Thing.**

*“God loves you unconditionally, as you are and not as you should be, because nobody is as they should be.” –Brennan Manning*