

February 28, 2021



Lent 2021

*In today's Gospel we see the light of God the Father in the transfiguration of Jesus.
If we do all things in love and purpose, perhaps others might see the light of Christ in us.*

Peace & Greetings,

EVENING REFLECTION & PRAYER

Then Peter said in reply, “Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah.” While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.”

It is always good when we are in the presence of the Lord. Jesus is always inviting us to deeper relationship with him. In the company of Jesus we find our peace and ideal in life. We should ask ourselves these questions: What is my relationship with Jesus like? Is my faith intentional or relational? Jesus invites us into his transfigured life – a life that is fulfilled and filled with the gift of the Holy Spirit.

Let us pray,

O God, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord, Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Have a blessed week.

Fr. Glen, Chaplain

SCHOOL CALENDAR

Week of March, 1 – 5, 2021

Monday (Day 3), Tuesday (Day 1), Wednesday (Day 2), Thursday (Day 3) and Friday (No School).

Rotation

	Day 1 Drop G & H	Day 2 Drop E & F	Day 3 Drop C & D
7:45-8:26	A	A	A
8:34-9:10	B	B	B
9:28-10:22	C	G	F
10:30-11:54	D	C	H
12:02-12:56	E	D	G
1:14-2:08	F	H	E

NO SCHOOL this Friday, March 5 due to Archdiocesan faculty professional development. Treat yourself to a wellness day ... do something you enjoy, relax and be grateful. Enjoy your long weekend.

SACRAMENT OF RECONCILIATION

During Lent, Fr. Glen will hear confessions on Mondays from 1:00 – 2:00 pm in the Chapel.

WEEKDAY MASS

This week Mass will be held on Wednesday, March 3 at 7:15 am in the Chapel for the special intentions of the **Boys' Swimming and Wrestling** teams. As always, any students and faculty are welcome to attend.

DEVINE MERCY CHAPLET

With no school this Friday, the Devine Mercy Chaplet will be prayed immediately following Chapel Mass on Wednesday at 7:40 am. Join us!

“BE A BLESSING TO ONE -- BE THE LIGHT”

St. Paul said in his letter to the Thessalonians, *“Therefore encourage one another and build one another up just as you are doing,”* (1 Thessalonians 5:11).

Blessing to One is a tangible way to help homeless people in our communities. People experiencing homelessness are veterans, young adults and families – people just like us. As a Catholic school, we are called to help the poor as God’s hands for people in need.

Join the Mission Club, Thessalonians House and Junior Class in providing personal care kits for the homeless shelter at St. Vincent DePaul Mission of Bristol. It is simple, purchase items from the list below, package in zip-top bags at home, and bring bags to school. Donations can be placed in the blue collection box outside the Main Office starting the week of March 8 – 15. Our goal is to prepare 100 bags! Let us be a blessing to one and all.

Shopping List: Socks, deodorant, hairbrush/comb, chapstick, baby wipes, band-aids, trail mix or granola bar (only soft), bottle water, toothbrush and toothpaste, tissues, mini-packs of disposable masks (10-count), 1-gallon zip top bag.

See Dr. Gnoza, Señora LeBron-Rojas, Sister Marie Benedict or Mrs. Zillich for more information.

2021 – 2022 RE-REGISTRATION

A reminder that re-registration forms for the 2021 – 2022 Academic Year were due in the Guidance Office during the month of February. If you haven't submitted your form with your registration deposit, please do so ASAP, thank you!

GUIDANCE NEWS

PERRY VIRTUAL EXPERIENCE

We're very excited to announce upcoming sessions of the Perry Virtual Experience in **March 2021**. The Perry Virtual Experience is a free, 2.5-hour, interactive online experience for high school and college-aged women who are interested in pursuing careers in orthopedic surgery and engineering. Participants will hear from women leaders in these fields and dive into online orthopedic simulations and biomechanics experiments. Additional information can be found on our website: <https://perryinitiative.org/pve/>.

SAT PREP CLASS – CLASS OF 2022

A reminder that the Lentz & Lentz SAT Prep course will be offered during March/April at St. Paul in preparation for the May 8 SAT. Students have a choice of taking the course in-person at St. Paul or virtually with live interactive classes hosted through Zoom. **In-person classes begin this Saturday, March 6 from 9:30 am – 12:30 pm and virtual classes begin the week of March 14.**

The cost of the program is \$385 for twenty-four hours of preparation. A minimum of 10 students is needed to offer the in-person option. If there are not enough students to offer the in-person option, all classes will be conducted virtually.

The verbal part consists of reading comprehension, vocabulary, speed-reading techniques, grammatical skills, optional essay writing, all applicable to the SAT. The mathematical part covers a myriad of problems, including: arithmetical skills, advanced algebra, basic geometry, functions, trigonometry, exponents and modern mathematic concepts.

Register online at www.LentzSATprep.com

ZOOM GUEST: MARTIN P. ROBINSON. SESAME STREET MASTER PUPPETEER



Last Wednesday, a special guest and old colleague of Mr. Mazzarella visited St. Paul's Drama II Class for an instructional session on building puppets and performing techniques used in the industry. Martin P. Robinson, a Connecticut native who has played some of 'Sesame Streets' most favorite characters for almost 40 years shared his knowledge with St. Paul students.

Students learned how to create character voices, use a pattern of syllables to create the illusion of puppets talking, the proper way to move and operate puppets and most importantly putting emotion and yourself into each character. Mr. Robinson also shared his career journey which began on Broadway, with his famous puppet creation from "Little Shop of Horrors".

As a guest teacher, St. Paul students were in good hands because for the past 20 years, Robinson has traveled all over the world, hiring and training puppeteers for international television productions of "Sesame Street." Educating new performers is one of Martin's fortes and we at St. Paul were grateful for the opportunity to participate in this one-of-a-kind informative workshop.

SP PERFORMING ARTS



St. Paul Performing Arts, under the direction of Mr. Mazzarella, is proud to present BROADWAY SRO an original musical theatre revue, which features 20 outstanding performers and an assortment of Broadway's most memorable moments, past and present. The show will premiere in May.

Performers will include: Lila Alderete, Alecia Barbieri, Lucas Courtemanche, Daniel Kozman, Anna Kronen, Madeline Kurnik, Julia Lawson, Madison Howe, Bryndle Kroll, Olivia Lanteri, Julia Lawson, Sami Millerick, Calista Oria, Abigail Patterson, Bella Peterson, Kendall Raymond, Christian Roach, Kirsten Ward, Brianna Wood and Nina Zwolinski.

Stage crew: Joseph DiBiaso and Madalyn McAuliffe.

ALUMNI – SENIOR ZOOM

Last Tuesday night some members of the Class of 2020 were part of a college Q&A session with this year's senior class. The panel consisted of: Cassie Dubitsky, Bentley College; Michael Ferraro, Franciscan University of Steubenville; Josie Kendrick, Southern Connecticut State University; Thomas Pauloz, Boston College and Casey Roberge, Saint Anselm College. All provided insightful information on the college decision process, college life, and developing good academic habits. It was a fun night with lots of laughs and helpful advice.

ATHLETICS

BASKETBALL CAPTAINS PINNING



Congratulations to Varsity Boys' Basketball captains: Thomas Lorenzetti, William Barton and Alex Partyka and Varsity Girls' Basketball captain Sophia Gerst.

GYM SCHEDULE

Week of March 1

Monday	Fr. Boys BB 3:00 – 4:30 pm; JV/V Boys BB Game vs Seymour 5:30 & 7:00 pm
Tuesday	Fr. Girls BB 2:30 – 3:30 pm; Cheer 3:45 – 4:45 pm; Indoor Track 4:15 – 5:30 pm Outside Practice (meet behind the gym - weather dependent); JV/V Girls BB 5:00 – 6:30 pm; JV/V Boys BB 6:45 – 8:15 pm
Wednesday	Fr. Girls BB 2:30 – 3:30 pm; Wrestling 2:30 – 3:30 pm; Indoor Track 4:15 – 5:30 pm Outside Practice (meet behind the gym - weather dependent); JV/V Girls BB Game vs Naugatuck 4:30 & 6:15 pm
Thursday	Fr. Boys BB 2:30 – 3:30 pm; Cheer & Wrestling 3:45 – 4:45 pm; JV/V Girls BB 5:00 – 6:30 pm; JV/V Boys BB 6:45 – 8:15 pm
Friday	Fr. Girls BB – TBA; JV/V Boys BB Game vs Watertown 4:30 & 6:15 pm
Saturday	Indoor Track 8:00 – 9:30 am; Fr. Girls BB Game vs Naugatuck 11:00 am; Fr. Boys BB Game vs Naugatuck 1:00 pm
Sunday	BB – TBA

Week of March 8

Monday	Fr. Boys BB 2:30 – 4:15 pm; Indoor Track 4:30 – 5:45 pm; JV/V Boys BB 6:00 – 8:00 pm
Tuesday	Fr. Boys BB 2:30 – 3:30 pm; Indoor Track 4:15 – 5:30 pm; Outside Practice (meet behind the gym - weather dependent); JV/V Boys BB Game vs Torrington 4:30 & 6:15 pm
Wednesday	Fr. Girls BB 2:30 – 3:45 pm; JV/V Girls BB 4:00 – 6:00 pm; JV/V Boys BB 6:15 – 8:15 pm
Thursday	Fr. Girls & Boys BB 2:30 – 3:30; Cheer & Wrestling 3:45 – 4:45 pm; JV/V Girls BB 5:00 – 6:30 pm; JV/V Boys BB 6:45 – 8:15 pm
Friday	Fr. Girls BB 2:30 – 3:30 pm; JV/V Girls BB Game vs Sacred Heart 4:30 & 6:15 pm
Saturday	Indoor Track 8:00 – 9:30 am; Fr. Girls BB Game vs Torrington 11:00 am; Fr. Boys BB Game vs Torrington 1:30 pm
Sunday	BB – TBA

ATHLETIC UPDATE

The varsity boys' basketball team went 3 – 0 this past week and the girls' team finished the week 2 – 1 ... great work! Both teams play three games again this week along with JV games for both the boys' and girls' teams. The freshman boys' and girls' teams host games on Saturday.

Congratulations to the Bristol Swim Team on their victory over Avon on Saturday. First place finishes included Davis Kroll in the 200 free, 100 free, and 400 free relay and Mikel Palaj in the 50 free and the 200 and 400 free relays. Additional great swims were made by Miles Jennings. Next up for the team is a home meet on Wednesday vs. Southington.

Good luck to everyone this week ... Go Falcons!

BASKETBALL SENIOR NIGHTS

Girls Basketball – March 3 vs Naugatuck at 6:15 pm

Boys Basketball & Cheerleading – March 9 vs Torrington at 6:15 pm

WEIGHT TRAINING & CONDITIONING

A reminder that after school conditioning sessions have begun with Coach Joe. See him for sign-ups and details. Conditioning sessions are taking place in small cohorts.

SP FAN POLICY

A reminder that the NVL has established a league policy restricting fan attendance for visiting schools. Visit the Athletic Section of the school website for broadcast information on away basketball games.

We will continue allowing **two family members per basketball player** at home games. **This week we will allow cheerleader parents to attend home games per advanced sign-ups only.** These decisions are being made in compliance with state and local health department guidelines including restrictions for indoor capacity. All fans will need to sign-in, be temperature checked and hand sanitize upon entrance and are required to follow social distancing guidelines (maintaining a distance of 6') in the athletic lobby and bleachers. Once the contest is over, we ask that you leave the gymnasium. We emphasize that you should **NOT** attend any games if you are experiencing any COVID-19 related symptoms.

We also ask that our home fans place an extra emphasis on sportsmanship when cheering at games recognizing the uniqueness of the current situation and that no fans will be present to support the visiting student-athletes.

A reminder that all levels of our home basketball games will continue to be live streamed (and taped for later viewing) via the **NFHS Network**. Information for registering for the Network can be found in the Athletic Section of the school website or visit: <https://spchs.com/watch-athletic-contests-on-nhsf-network/>

Please contact Mr. Dennehy, ddennehy@spchs.com, with any questions regarding Winter Sports.

SPRING SPORTS

Spring sports are scheduled to begin on Saturday, March 27. Information will be posted this week regarding upcoming pre-season team meetings.

HAPPY BIRTHDAY (March 1 – 7) Personality traits of March-born babies are: generous, creative, optimistic, happy and can adapt to any situation.

Happy Birthday to: Kayla Benoit, Julia Clough, Christian Decker, Adam Houle, Ryan Johnson, Dylan Kelly, and Jocelyn Kennedy.

FINAL WORD

MARCH

Okay, there's still plenty of snow outside but tomorrow it's March 1st! March is associated with the beginning of spring ... a time for new beginnings. The vernal equinox or first day of spring is actually March 20 but don't forget to "spring ahead" on March 14 as we shift to Daylight Savings Time.

SACRED HEART HIGH SCHOOL

As mentioned last week, we were saddened to hear the recent news that Sacred Heart High School, Waterbury would be closing its doors at the end of this school year. Yesterday, we held our second Open House for SHHS families to get to know St. Paul as a potential Catholic high school alternative for next fall. Over the next month, we will begin to register interested SHHS students in all grades. Let's open our hearts and doors welcoming the SHHS families as valued and respected new classmates and friends to our home.



**Keep it up ... stay vigilant.
It takes all of us, all of the time!**

MASK UP

Make sure your mask is covering **BOTH** your nose and mouth at all times.

WASH HANDS

Wash hands more frequently throughout the day whether that be with soap and water or sanitizing before entering each class and at lunch.

KEEP YOUR DISTANCE

Keep your 6' distance whenever possible, that includes in the classrooms, study halls, lunch line, and after school.

Be **KIND** ... take care of yourself and take care of each other this week!

St. Paul, pray for us!

Cary M. Dupont '72
President/Chief Administrator