

- \* Very nice riding
- \*\* Very finished trail with upscale amenities

## **U.S.**

### **Florida**

- \* *Marjorie Harris Carr Cross Florida Greenway* - paved
- \* *Withlahoochee State Trail* - 46 mile multi-use paved rail trail; we split into 3 rides:  
Inverness - Dunnellon, Inverness - Floral City, Owensboro - Floral City)

### **Delaware**

Lewes - road side riding to get to Cape Henlopen State Park - 3.3 mile paved trail loop

### **Illinois**

*Madison County Trails* - a very nice system of 10+ bikeways that connect 22 communities (RV: Granite City KOA was average for KOAs, and close to the MCT trails, so we rode the following trails to nearby Illinois towns and attractions, and also over to St. Louis, Missouri.)

- \* *Confluence Trail* - runs 19 miles from Brooklyn to Alton - paved and asphalt, gravel on levy  
Trail sites: Mississippi River, Lewis & Clark State Historic Site, Confluence Tower, National Great Rivers Museum, Melvin Price Locks and Dam, plus more sites & trails to the north;
- \* McKinley Bridge, in Brooklyn, has bike lane across Miss. to *Riverfront Trail*, St. Louis (see below)
- \* *Seven Loops* - MCT trails looping around various communities  
We accessed paved trail at Edwardsville and rode 11.5 miles around the village of Glen Carbon along the Goshen, Heritage and Nickel Plate trails.

### **Indiana**

- \*\* Carmel - *Monon Trail*, paved biking/walking trail that connects neighborhoods, upscale community venues and parks between Carmel and neighboring towns for 25 miles.

### **Iowa**

Emmetsburg - *Five Island Trail (FIT)* - paved 3.5 miles. We followed lake front roads and trail to end; then a gravel road to reconnect to trails on opposite side that led back to town.  
(RV: Wild Rose Casino RV Park is nice, overlooks Five Island Lake, electric only; beside trail.)

- \* Charles City - *Charlie western Trail* - 5.2 mile asphalt trail around town and along Cedar River with several scenic river crossings.  
(RV: R Campground is nice, full hookups, laundry/shower; on Cedar River and beside the trail.)

## **Maine**

Boothbay Harbor - toured around the harbor and Cabbage Island on bike routes along roads with traffic

## **Michigan**

Grand Rapids area - *Grand River Nature Trail* - neighbor paved bike paths, under construction

New Buffalo - *Backwoods Bikeways* - identified asphalt roadway routes through the countryside  
*Harbor Country Bike and Hike Trails* - asphalt interconnected trails

Indiana Dunes - *Calumet Bike Trail* - 19 mile gravel path beside railroad tracks, connects to roadways to the beach area; some paved sections heading into Michigan City and beaches (RV: Indiana Dunes Dunewood Campground, nice wooded dry camping sites, close to beaches and trail)

## **Missouri**

St. Louis

\**Riverfront Trail (Mississippi Greenway) 12 mile*

From McKinley Bridge north - paved trail by river, and part of old Route 66, to historic mile-long Chain of Lakes Bridge crossing the river to Madison County, IL.

Points of Interest: Chain of Lakes Bridge, open to bikes/walkers 9:00 a.m. to sunset.

From McKinley Bridge south to St. Louis - rough asphalt along flood wall, then paved to Gateway Arch.

St. Charles

*Katy Trail*- 240 miles along former Missouri-Kansas-Texas Railway, packed crushed limestone

In St. Charles we rode 14 miles of Katy Trail, from historic St. Charles area, Lewis & Clark Boat House and Nature Center and by the Missouri River up to Page Extension Bridge

## **Nebraska**

Papillion (west Omaha area)

\* *West Papio Trail* - 23 mile trail in western Omaha area, very nice, wide concrete trail connecting open spaces, parks and neighborhoods, and a trail around Lake Zorinsky

\* *Walnut Creek Connector Trail* - concrete trails by lake and park, connecting to Papio Trail

(RV: Walnut Creek Campground, Papillion, NE - very nice city campground near West Omaha, right beside Walnut Creek trail)

## **New Jersey**

*Cooper River Trail* area, Camden Co. - 3.7 mile paved, urban and riverside trail

Madison - Loantaka Park - 9.9 paved multi-use park trail

## **New York**

\**Croton Gorge Park Trail*, Croton-on-Hudson - 10 mile round trip from Croton Point Park to Croton Gorge Park, neighborhood roads, dirt and paved trails  
(RV: Croton Point Park campground, very nice and short bicycle ride to town and trail)

\**Hudson Valley Rail Trail* - 7 mile paved trail from New Paltz to Walkway Over The Hudson  
- rode 10 miles from Newburgh on hilly county roads to connect to HVRT  
(RV: Newburgh KOA in Plattenkill, very nice campground)

\**NYC - Hudson River Greenway Trail* - 3 miles in NYC, paved riverside trail- we rode 125th - 91st street segment along the river, then looped around Central Park and back to Greenway

## **Ohio**

\**Dayton -Great Miami River Recreational Trail and Mad River Trail* - paved & scenic along rivers

Maumee area - *Wabash Cannonball Trail* - 66 mi rail trail connects towns in Northwest Ohio, asphalt and gravel

\**Little Miami Scenic River and Trail*- 78 mi paved trail connects town in Southwestern Ohio; we rode a portion of it near Milford  
(RV: Lebanon KOA - very nice, about 7 mile road riding to access Little Miami Sc. River & Trail, but we accessed the trail further south from Tucker's Landing RV Park)

\**Ohio River Trail* - paved and scenic riverbank and urban park setting trail around Cincinnati; crossing the river leads to nice riding on the Covington & Newport, KY side also

\**Ohio-to-Erie Trail* - connects to Ohio River Trail near Marimont, a 326 mile rail and canal trail leading from the Ohio River to Lake Erie  
(RV: Tucker's Landing RV Park & Boat Ramp, Cincinnati - nice campground on Ohio River, reasonably close to Little Miami Trail and Ohio River Trail via roadway access)

## **Pennsylvania**

\*Huntingdon County- Rothrock State Forest paved and gravel trails up & around the mountain

## **CANADA**

### **New Brunswick**

- \* Fredericton - paved & gravel paths in Hyla Park Nature Preserve and Angleview Park
- \* Saint John - Irving Nature Park - gravel paths up incline to wooded paths and bay views