## Is Your Health Center Trauma-Informed?



Your Health Center has the opportunity to join a Trauma-Informed Care (TIC) Learning Collaborative offered by CHCANYS in partnership with the University of Buffalo's Institute on Trauma and Trauma-Informed Care (ITTIC) from March to December 2020.

## The Five Guiding Principles of a Trauma Informed Approach: Safety • Trustworthiness • Choice • Collaboration • Empowerment

This learning collaborative will enable your health center to identify a team of 'champions', participate in training and peer learning activities, and join a network of support and resource sharing. Studies have shown the five values of a trauma-informed approach result in:



Organizational Commitment, Compassion, & Satisfaction



Burnout & Secondary Traumatic Stress

## **How to Join the TIC Learning Collaborative:**

- Leadership must complete the online application by February 28, 2020
- Select three (3) staff (Champions) to participate in the collaborative (includes in-person and virtual training plus consultations for traumainformed action planning)
- Complete baseline and post-evaluations
- Provide resources (time, leadership support, etc.) for future trauma-informed implementation

For more information and to apply, contact questions@chcanys.org



