



Nehemiah leads a team of Israelites in rebuilding the wall around Jerusalem. Sanballat, Tobiah, and others threaten them, mock them, and try to stop them from building the wall. But God is stronger than those who are against us, and they finish the wall in less than two months!

Pray: God, thank you that you're stronger than anything that comes against us. Help us rely on your strength this week, just as Nehemiah did. In Jesus' name, amen.

“For I can do everything through Christ, who gives me strength” (Philippians 4:13).

Family Together Time

Bless each other with this family prayer time.

- Have one person stand in the middle as the other family members form a “wall” with their bodies.
- Pray for God’s strength and protection for the person in the middle of the wall.
- Take turns so everyone gets the “prayer wall” around them.
- Repeat throughout the week whenever any family members feel like people are against them.



Talk About This...

- Tell about a time someone made fun of or bullied you.