

# **BASIC MEDIATION SKILLS TRAINING - Rocky Mount, NC**

**September 14th and 15th, 2022  
9:00AM—5:30PM each date**

**Location: Station Square, 301 S. Church Street (Suite 136 Conference room), Rocky Mount, NC 27804**

The Mediation Center of Eastern Carolina (MCEC) announces a 2-day, 16-hour Basic Mediation Training to introduce participants to the process of mediation. This training provides participants with practical, hands-on skills for constructively managing a wide range of conflict situations. Participants will learn to apply mediation concepts to their own professional and personal experiences. For those interested in becoming mediators, this training provides an excellent foundation in mediation theory and practice.



## **KEY LEARNING OBJECTIVES INCLUDE:**

- Understanding the theory and nature of conflict and various approaches to conflict resolution
- Principles of mediation including discussion and practice of each stage in the mediation process
- Understanding the role and function of the mediator including skills such as active listening, questioning techniques, reframing, negotiating, interest identification, barriers to agreement and agreement writing
- Ethical rules and guidelines for governing mediator conduct
- Mediation demonstrations and practice with an emphasis on mediator skills and techniques
- Considerations for those seeking to become volunteer mediators

**REGISTRATION FEE: \$50.00**

Online Payment: Email form to [events@mceconline.org](mailto:events@mceconline.org) or fax to **910-275-0333** to receive a Paypal invoice

Payment via Check / Money order: Mail form to **Mediation Center of Eastern Carolina, 200 Eastbrook Drive Suite A, Greenville, NC 27858**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

WORK PHONE: \_\_\_\_\_ MOBILE PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

\*Make Checks/Money Orders Payable to: **MEDIATION CENTER OF EASTERN CAROLINA or MCEC**

A confirmation will be sent via email once the registration form and payment have been received.



For more information, please contact one of the following Mediation Center staff members:

**Ms. Asiya Khaatoon: 252-375-4429 | [asiyak@mceconline.org](mailto:asiyak@mceconline.org)**

**Mrs. Candice Mathis: 910-214-5753 | [ccmathis@mceconline.org](mailto:ccmathis@mceconline.org)**

