

REC ROOM

Connect · Collaborate · Contribute

Schedule of Events

October

Events being
held at
Rec Room

What's Happening

October

**Every
Tuesday
6:30 PM**

Book Club

Hosted by Tar River Community Development Corporation, October read: "The Psychology of Money"

October

4

5:30pm - 6:30pm

GEW Info Session

Hosted by Tierra Norwood. Learn more about Global Entrepreneurship Week. What is it? What to Expect? How can you participate?

October

13

6:00pm - 7:00pm

Biz Talk: Mental Rest

Hosted by Rec Room, Presented by Dr. Nanette Hunter. Learn how to get in mental rest as part of your daily routine.

October

19

12:00pm-1:00pm

Marketing Boot Camp

Hosted by Tierra Norwood, this Power Hour Bootcamp will teach business owners how to audit their marketing, create a marketing plan, and no-low cost marketing strategies and tools.

October

24

12:00pm-3:00pm

Headshot Event!

Hosted by Noel Butler Photography, this event is for any entrepreneur, small business owner or company in need of fresh headshots!

October

26

5:30pm - 7:00pm

Self-Care Masterclass

Hosted by Rejuvenation of Self-Enjoyment, this event will include education on how to "hear" from your body, massages and wine.

**Tickets for listed events can be
found on Eventbrite.com**

Questions? Contact Us www.bit.ly/RecRoom252

Call Tierra at 252-313-9417 or
Email Recroom@stationsquarenc.com

