

## Get care for just about anything.

Video Visits and Telephone Visits are great for many types of conditions and reasons. Here are just a few:

- Follow-up consultations
- Backaches
- Bug bites
- Constipation
- Cuts and minor wounds
- Insomnia
- Joint problems
- Minor burns / sunburn
- Muscle strain
- Nausea/vomiting/diarrhea
- Pink eye
- Sinus problems
- Skin rash or infection
- Sore throat
- Stomach Flu

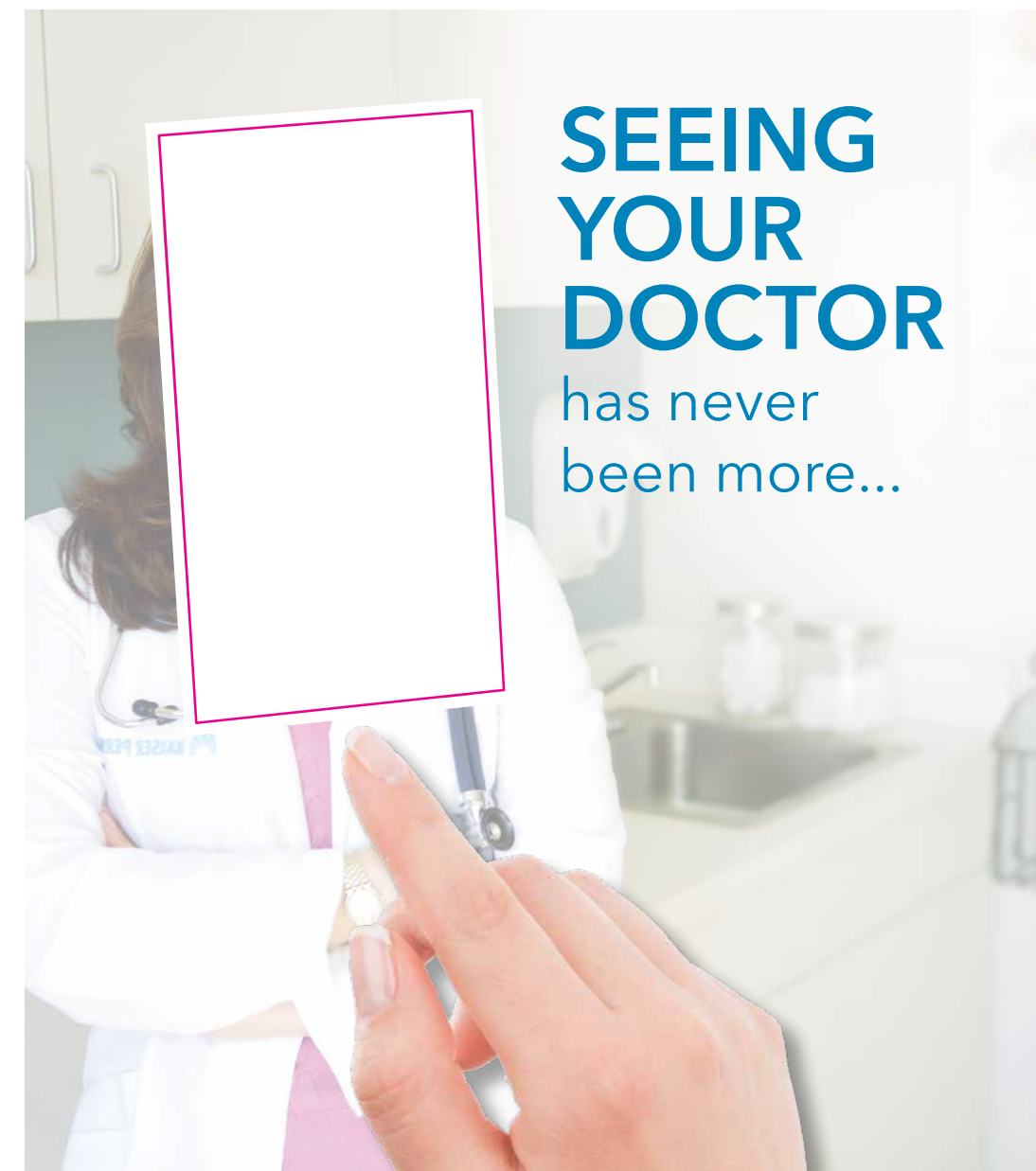


## Who can have a Video Visit?

Video Visits are available to members (18+) registered on **kp.org**. In many instances, parents can also schedule Video Visits for their children.

Some restrictions apply. A Video Visit may not be appropriate for your health situation.

**SEEING  
YOUR  
DOCTOR**  
has never  
been more...



# convenient.

## Video Visits from Kaiser Permanente.

### Tap into your care team without leaving your couch.

Just because you need to see your doctor doesn't necessarily mean you need to make the trip. From common, same-day urgent care needs to planned routine visits – or even for follow-up specialty appointments – Video Visits from Kaiser Permanente allow you to get the quality, coordinated care you've come to expect from Kaiser Permanente, from the comfort of your own home or office. **Not in the mood for video? Try a Telephone Visit.**



### How to schedule an appointment.

Call **404-365-0966** and ask for a Video Visit or Telephone Visit.

They'll let you know if it's appropriate for your situation.



### What you'll need:



Smartphone or tablet with front-facing camera and microphone (usually standard)



Active **kp.org** account



The Kaiser Permanente app (available on Apple App Store or Google Play)



Strong, secure Wi-Fi connection



Quiet, comfy space

### Is there a cost?

In most cases, there is never a co-pay or additional charge for a Video Visit from Kaiser Permanente.

### It's just better.

Other providers typically use a third-party video service that often charges a fee for the doctor's time. And because they're not part of your dedicated care team, it's up to you to provide them with details surrounding your health history, medications, and allergies. A Video Visit by Kaiser Permanente means you'll meet with a board-certified Kaiser Permanente physician with real-time access to your comprehensive electronic medical record.

### What about the follow-up care?

During your Video Visit, the doctor can make follow-up appointments, order lab tests, and even prescribe medicine for you on the spot. Like all our visits, you can expect your Kaiser Permanente doctor to remind you of preventive health checks you may need too.