



Saint Elizabeth Parish is sponsoring
QPR Suicide Prevention Training
QPR is...Question, Persuade, Refer
Three simple steps that may save a life!

Thursday, March 21, 2019
7:00 PM – 9:00 PM

Training is free and presented by...



Space is limited, please register at www.stelizabethparish.org

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in **QPR** learn how to recognize the warning signs of a suicide crisis and how to Question, Persuade, and Refersomeone to help.

QPR is nationally recognized, evidence-based suicide prevention training developed by Paul Quinnett, PhD, a clinical psychologist and the founder of QPR Institute (www.qprinstitute.com).

Training is in Saint Elizabeth Social Hall

www.stelizabethparish.org