



Adult Mental Health First Aid In Chester County

**Mental Health concerns are common and on the rise.
Be part part of the response! Become a certified Mental Health First Aider!**

This free public education program teaches everyday citizens to

- **Recognize emotional distress**
- **Offer support and comfort**
- **Take constructive action**

Date: Friday, October 25

Time: 8:00 AM (sign-in begins at 7:45) until 5:00 PM

Location: The Government Services Center, room 175
601 Westtown Road, West Chester, PA 19380

Registration is required.

Please register by October 22 with this link.

<http://scheduleme.link/1551/>

Please note! Participants must attend the full class to receive the certification.
Lunch is not served. Participants may purchase lunch at the County Cup Cafe or bring their own.



Presented by the National Council for Behavioral Health & Chester County MHIDD