



QPR Suicide Prevention Training

QPR is - Question, Persuade, Refer
Three simple steps that may save a life!

Saturday, March 16, 2019
10am-noon

At NovaCare Rehabilitation Thorndale
3000 C.G. Zinn Road, Thorndale, PA 19372

This free training is presented by
Chester County Suicide Prevention Task Force

Space is limited to 30 participants, please register by 3-7-19

Email Irene Roach, PTA, with questions and to register, at iroach@selectmedical.com

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in **QPR** learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. **QPR** is a nationally recognized, evidence-based suicide prevention training developed by Paul Quinnett, PhD, a clinical psychologist and the founder of the QPR Institute. (www.qprinstitute.com) It is a training for every-day citizens to become "Gatekeepers." Participants need no other clinical training or education.

You may request a free training for your office/organization to be delivered at your site.
Visit the CCSP website for more information.

www.chestercountysuicideprevention.com