



QPR

A Step by Step Guide for Effective Suicide Intervention and Prevention Chesco LIFE Parent and Professional Workshop

Chesco LIFE is offering a FREE QPR Training for Chesco County parents and professionals. QPR stands for Question, Persuade, and Refer—three steps anyone can learn to help prevent suicide. Just as people who are trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

QPR is a nationally recognized, evidence-based suicide prevention training developed by Paul Quinnett, PhD, a clinical psychologist and the founder of the QPR Institute. It is a training for every-day citizens to become "Gatekeepers." Participants need no other clinical training or education.

Our Presenters: QPR instructors provided by the Chester County Suicide Prevention Task Force.

Where: West Chester Public Library 415 N. Church Street West Chester. PA 19380

When: Wednesday, October 24, 2018 9:30 a.m. - 11:30 a.m.

Light refreshments will be provided. Space is limited!

Register Here!

Or RSVP to Mabel Gall by Monday, October 22, 2018 at mgall@accessservices.org or 215-429-8383

