



QPR

Question, Persuade, Refer

Three simple steps that may save a life!

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in **QPR** learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

QPR is a nationally recognized, evidence-based suicide prevention training developed by Paul Quinnett, PhD, a clinical psychologist and the founder of the **QPR** Institute. (www.qprinstitute.com) It is a training for every-day citizens to become "Gatekeepers." Participants need no other clinical training or education.

Would you like to be a QPR Gatekeeper?

Chester County's Suicide Prevention Task Force (CCSP) has certified **QPR** instructors is offering this 2-hour **QPR** Gatekeeper training at no cost to participants. Registration information below.

Thursday, April 4, 2019 from 6:30—7:00 PM

&

Wednesday, April 24 from 9:00—10:30 AM

Both classes will be held at the Government Services Center,
601 West Chester Road, West Chester, Room #149

**Class size is limited to 30, so please register by Monday, April 1 for the April 4th class
and**

by Friday, April 19 for the April 24th class

Email ccsptaskforce@gmail.com with QPR registration in the subject line and please indicate the class date.
