



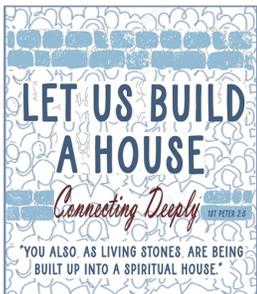
Worship

- In-person worship—**9:30 AM Sundays**
- Online worship is live-streamed to our [YouTube](#) and [Facebook](#) pages



Church Council 2026

Fred Caslavka
Pat Czock (sec'y.)
Brandt Dinger
Heidi Goldbeck
Luke Jeseritz (treas.)
Lisa Krause (pres.)
Justin Lindall
Erin Olson
Ryan Tool (v. pres.)
Pastor Tim Wheatley



Contact us!

Light of Christ Lutheran
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Delano, MN 55328
(763) 972-2400



LightOfChristLutheran.com
Terri.Reuter@locdelano.com

Join us on 3/15/26 for our youth fundraiser!



Support the 50+ Youth Going on our Summer Mission Trips!

We hope you'll join us for our fabulous youth fundraiser on **Sunday, March 15th**! Please remember the youth with any donations you might have that would be good for the auction! Donations are due by **March 9th**. Some donation ideas include (*new and gently used items*):

- ◇ Gift cards
- ◇ Toys
- ◇ Unwanted Christmas gifts
- ◇ Event tickets
- ◇ Cabin rentals
- ◇ Personally hosted events, such as dinners/boating
- ◇ Handmade items
- ◇ Jewelry
- ◇ Sports equipment
- ◇ Books
- ◇ **No used clothing, please**

Our auction will be online again this year from 7:00 AM–5:00 PM on March 15th, with items on display at church from 3:00-5:00 PM. Marcus Hanson and Lindsay Wallace will again be serving wine and beer samples beginning at 4:00 PM. The dinner takes place from 5:00-7:00 PM with the fabulous LIVE Dessert Auction around 6:30 PM... don't miss it! Tickets for the dinner are now on sale and can be purchased before/after worship, by [emailing Kirsten](#), or from Terri during normal office hours. Thanks for your support of our summer 2026 trips!

Order Your Easter Flowers

Honor or remember a loved one with Easter flowers and help decorate the sanctuary for our Easter services. Click [here](#) to place your order. Deadline to order is **Sunday, March 15th**. Thank you for beautifying our church!



Lenten Worship

Weekly Wednesday Lenten worship continues through March 25th at 6:30 PM and will incorporate the Holden Evening Prayer service, as well as feature the 10th graders' faith statements. Services will also be [livestreamed](#). A meal will be held at 5:30 PM before each service.

HOOT NEWSLETTER

Our **March** event will change to **Friday, March 20th** and we'll have a pizza party.

OWLS Bible Study will continue to meet every Sunday after worship except the first Sunday of each month and Easter.

We are studying "Old Testament Characters." Please join us anytime as each lesson stands alone and we have extra books available. You will find it helpful for a better discussion if you have done the study prior to our meetings!

Have ideas for a "lunch and learn" or other monthly outings? Contact anyone on our planning team: Jewel Ekern, Lona Jose, Laurie Grimm, Bill and Sue Fink.



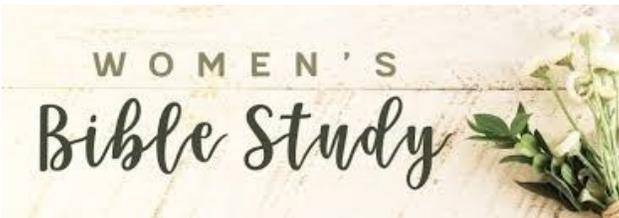
Sign Up to Serve a Lenten Supper!

Lenten suppers will be served at **5:30 PM**, prior to each Wednesday Lenten service through March 25th. **Groups and/or individuals are invited to serve a Lenten supper.**

A sign-up sheet is posted on the bulletin board in the office area; or you can contact Terri in the church office. A free-will offering taken at each meal may be used for a cause designated by the meal's hosts. Here is the supper schedule so far:

- ◇ 3/04: **Open**
- ◇ 3/11: Sloppy Joe's served by Church Council
- ◇ 3/18: Pasta served by Mission Trip Youth
- ◇ 3/25: **Open**

Contact the church office if you'd like to sign up to serve one of the open dates.



Women's Bible Study

The women's Bible study meets **the first and third Mondays of the month, 6:30–8:00 PM at LOC**. We will meet through June. We are studying the book *Even Better than Eden* by Nancy Guthrie. More information can be found on flyers in the narthex. If you are interested in participating, please contact Lindsay Lindall at lindsay.lindall@gmail.com.

Thursday Night Bible Study

All are welcome to join us for our study of the Gospel of John on **Thursdays at 7:00-8:30 PM**. If you have



any questions, feel free to call Gina Nee at 651-353-2277. Great for beginners or anyone simply hungry to discover more about God and to grow in one's faith. Also, a wonderful way to get to know a few other folks!

Caring Corner

(from Sue Fink of the Healing & Wholeness Committee)

“Get Your Glimmer On!”

Our Mental Health Connect collaborative offers monthly educational seminars. This month I attended a Zoom seminar entitled, “I Am Safe: Mind-Body Practices for Promoting Mental Health.” One highlight I felt compelled to share is an article on the idea of “**glimmers**.” This article contains excerpts and a summary of what I learned.

What are **glimmers**? They are tiny micro moments of joy – fleeting, everyday moments that elicit a rush of happiness, gratitude, calm, peace, safety, or goodwill. Examples include:

- ⇒ Spotting a rainbow
- ⇒ Feeling the warmth of the sun on your skin or beach sand between your toes
- ⇒ Getting a hug or smile just when you need it
- ⇒ Delighting in an out-of-the-blue phone call from a friend you were just thinking about
- ⇒ Enjoying the lovely smell of fresh flowers or cinnamon rolls in the oven
- ⇒ Hearing birds chirping in the trees
- ⇒ Watching a child laugh or a puppy frolic
- ⇒ Gazing at the stars on a clear night or snow falling on a quiet winter day

Glimmers evoke positive emotions and help your nervous system relax and counteract the effects of stress. The opposite of glimmers are triggers. Triggers evoke negative emotions and activate the “fight or flight” response which can rapidly spark agitation, anxiety, fear, sadness, or anger. That’s because triggers are reactions to memories, situations, or people associated with unresolved trauma. We’ve all experienced plenty of trauma this past year, piled on top of the struggles we each carry every day. Let’s also help our children and youth to understand these concepts and what we can each do to help our mental wellbeing.

Keeping your eyes and mind open to finding glimmers helps you to stay in the present moment rather than worrying about the future or fretting over the past. Sometimes when we’re suffering from depression, grief, or anxiety, we may have trouble seeing “glimmer moments,” but it’s an exercise we can intentionally start to practice, one day, one glimmer at a time. It is possible to retrain our brains away from negative thoughts. When you make a practice of noticing the expected and unexpected small gifts in your own life, you begin noticing more and more good. Rather than being on the lookout for danger, you’re on the lookout for beauty and ease, which can have long-lasting, supportive consequences on personal growth and social connection.

Here are some helpful hints to get you started:

- ⇒ Start your day expecting to experience glimmers and use all your senses
- ⇒ Try writing a “glimmer journal” which will help validate the goodness in God’s world
- ⇒ Limit screen time so you’re more likely to get outside or engage with others
- ⇒ Make the effort to connect with others, which improves both mental and physical health

FYI- our [LOC website](#) and weekly bulletin article can link you to the Mental Health Connect Navigator Line if you are in a mental health crisis yourself or concerned about someone who is. You will hear back from a caring trained person who will help you navigate resources to get you started on your way back to mental wellness. And as you know, if a situation seems emergent, call 988 for immediate support or 911 for a dangerous situation.

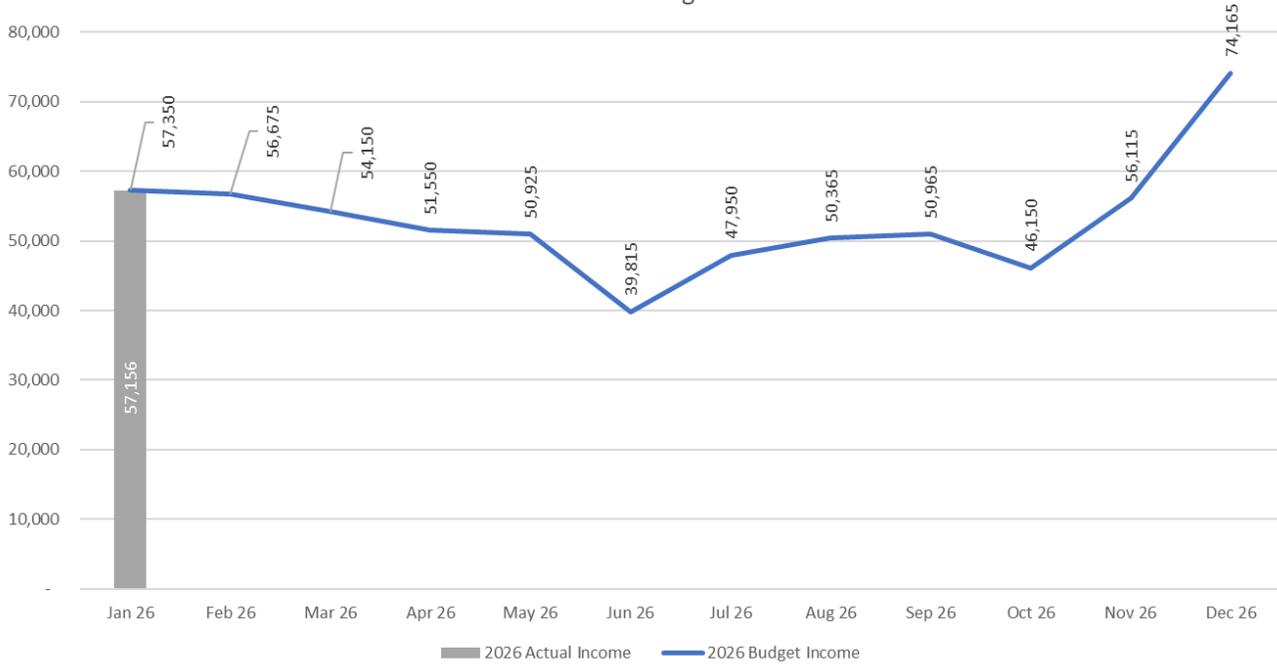
March Food Distribution

Serve a neighbor in need...help strengthen a ministry...put love and faith into action. Nourishing Hope Food Distribution. **Monday, March 9th**. Two opportunities:

- 9:45 AM Food box packing. Our Father's Lutheran in Rockford. Sign up here: <https://www.signupgenius.com/go/30E0848A9A72AAAF85-food>
- 3:30 PM Food distribution. Here at LOC. Sign up here: <https://www.signupgenius.com/go/30E0848A9A72AAAF85-food1>

LOC Monthly Income - Actual versus Budget

2026 Income - Budget vs Actual



YTD Summary
January 2026

- YTD Budget \$57,350
- YTD Actual \$57,156
- Year to Date Actual is **\$194** below budget



Set your clocks ahead one hour before bed on Saturday night.

Love INC Birthday Ministry

Pictured are Mary Ann McKay and Vicki Noetzelman, this month's Birthday Ministry volunteers. The number of bags requested varies each month. For March, these ladies assembled bags for 8 birthday kids! Please pray for the kids who receive these birthday bags, assembled with care by Mary Ann and Vicki. Thank you for your support of this ministry!



Youth Choir Has Resumed!

Ages 3rd-6th grade!
 Rehearsals take place after worship and are 30 minutes long. Sign up



using the QR code or contact Katie with any questions. You can also just show up to rehearsal! The full schedule is on the sign-up form.

Stay Informed!

The current Church Council meeting minutes can be found on the [church website](#).





NourishingHOPE

Fifth Sunday Offering for March

Our Fifth Sunday offerings are one way we extend the reach of Light of Christ's ministry beyond our walls.

In March, we invite you to make a special gift for our partner congregation, **Our Father's Lutheran Church in Rockford**, which serves as the home base for *Nourishing Hope* — the West Metro food distribution cooperative of six churches, including Light of Christ.

Our Father's provides significant space, coordination, and logistical support for this vital ministry. They host monthly semi-truck deliveries from Second Harvest, provide room for sorting and packing food, and offer use of their Fellowship Hall, kitchen, and large freezers. They also help fund the Program Director, **Brittni Bronczyk**, who oversees ordering, coordination, volunteer management, and tracking of our shared efforts.

While some funding comes through the Nourishing Hope cooperative, many facility and operational costs are simply absorbed by Our Father's Lutheran. This month, we would like to bless them with a generous gift to help offset those ongoing expenses.

To participate, please write your check to **Light of Christ** with "*Fifth Sunday – NH*" in the memo line (or note it on your offering envelope). We will forward the collected gifts directly to Our Father's. You may also contribute online via [our website](#) (choose the **Give** tab, then choose "*Click Here for Giving Options*" and then choose the "*March Fifth Sunday Offering*" tile).

Thank you for your generosity. Your support helps provide food, dairy, bakery items, and other essentials to approximately **750 West Metro families each month**.

Together, we are making a meaningful difference.

Helping Our Neighbors

Please join us **Sunday, March 8th at 10:45 AM** after worship in the Living Room to find out more about the Wright County

immigrant aid organization that is helping our neighbors in Wright County. Renee and Patti will come speak to us about the immigration process, how we can get involved, and how we can partner and support their mission at home. If you have any questions, please contact Katie Kohler katie.kohler@locdelano.com or Jennifer Grant jconnection.ig@gmail.com.



Storytelling Training

Last year, the Mission and Evangelism Committee sponsored a Storytelling training session led by Dr. Mary Hess from Luther Theological Seminary. The small group that gathered received tips on telling stories, listened to a brief overview of the importance of stories, and shared their own stories. The biggest surprise was how the storytelling exercise emphasized the importance of listening, prompting a great discussion on the importance of listening in our current times. Copies of materials distributed are available from Terri in the church office, including a list of additional resources. If your group or committee is interested in the training, contact a member of the Mission and Evangelism Committee.



Become Part of Our Church Family

We Will Welcome New Members on Sunday, April 19th!

If you're interested in joining our church family, we invite you to attend a New Member Information Class on

March 29th at 5:30 PM. To help us prepare, please let the church office know if you plan to attend. We're also here to answer any questions you may have. New members will be received on Sunday, April 19th.

March Birthdays

Lee	Bunker	March 01
Evan	Lemmerman	March 01
Melissa	Sandberg	March 01
Lexi	Thomas	March 01
Aidan	Quandt	March 01
Betty	Pavik	March 02
Cheryl	Schleper	March 02
Eric	Bitterman	March 02
Beverly	Bauman	March 02
Samantha	VanCura	March 03
Peter	Grant	March 04
David	Motzko	March 06
Adam	Wortz	March 06
Emerson	Hinker	March 06
Taylor	Williams	March 07
Linda	Rundle	March 07
Cameron	Behnke	March 08
Allison	Goldbeck	March 08
Rachel	Miller	March 08
Rhonda	Almquist	March 09
Cheryl	Collins	March 09
Annette	McClelland	March 09
Dan	Torgerson	March 09
Meagan	Boecker	March 10
Annalise	Wheatley	March 10
Carol	Anderson	March 11
Carissa	Rootes	March 11
Jordan	Myhre	March 13
Gretchen	Ness	March 13
Sophia	Grant	March 13
Rosalie	Grant	March 14
Madison	Hinker	March 15
Katie	Henson	March 16
Billie	Chock	March 16
Ronan	Mullen	March 16

The Community Life Committee wants to celebrate your birthdays! Next Sunday, March 8th after 9:30 AM worship, we will have birthday treats to celebrate March, April, and May birthdays! We celebrate birthdays quarterly so everyone's birthday will be acknowledged. Don't forget to wish someone a Happy Birthday this quarter!

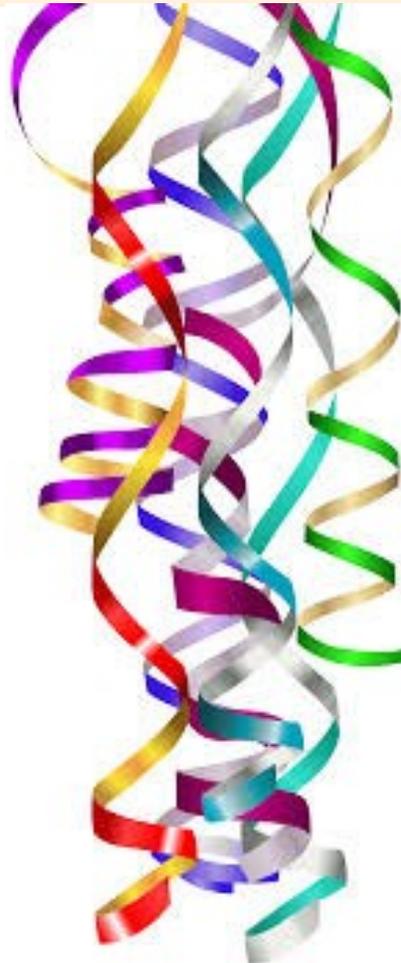
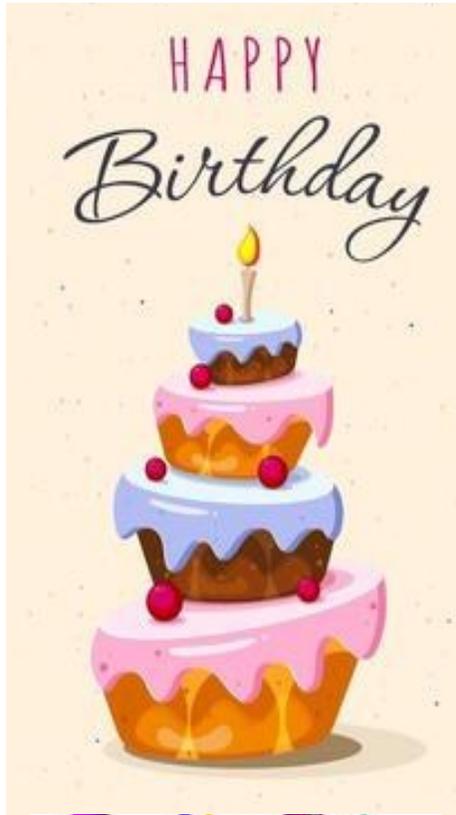
For those celebrating, may blessings be upon you and let faith guide your heart all year. We hope your birthday is one of joy, peace, and love.

Josh	Streich	March 16
Tory	Spanier	March 17
Nora	Slipka	March 17
Jeff	Olson	March 18
Britta	Reierson	March 18
Greg	Johnson	March 20
Allison	Bauman	March 20
Cole	Wiyninger	March 21
Carina	Borman	March 22
Taylor	Kriesel	March 23
Dave	Henson	March 24
Ashley	Jeseritz	March 24
Andrew	Ihde	March 24
Kay	Klason	March 25
Hattie	Savage	March 25
Alaina	Grant	March 26
Lynda	Pavlovich	March 26
Lisa	Hemmer	March 27
Emily	Lind	March 27
Midge	Amend	March 28
Kirsten	Kelly	March 28
Alisha	Klason	March 28
Bonnie	Lotzer	March 28
Troy	Malo	March 28
Lindsay	Wallace	March 28
Alex	Williams	March 28
John	Zerull	March 28
LoyAnn	Anderson	March 28
Grace	Nohner	March 29
Nick	Mullen	March 29
Linda	Rosaaen	March 30
Blake	Miller	March 30
Amber Dawn	Andrews	March 31
Michael	Heinzen	March 31
DeeAnne	Palan	March 31



April Birthdays

Patrick	Custer	April 01
Jay	Thompson	April 01
Lexi	Rothstein	April 01
Wendy	Haley	April 02
Tyler	Malo	April 02
Derek	Horeis	April 03
Jennifer	Almquist	April 04
Cheryl	Gielau	April 04
Dan	Paulson	April 04
Jessica	Schultz	April 04
April	Fritz	April 05
Stephanie	Gallus	April 05
Brad	Beyer	April 05
Heather	Dickey	April 06
Drew	Kelly	April 06
Elian	Kolleck	April 06
Wade	Sprengeler	April 07
Anna	Tool	April 07
Matt	Strobl	April 07
Leah	Custer	April 08
Deb	Oelrich	April 08
Leighton	Peterson	April 08
Jean	Detwiler	April 08
Natalie	Thompson	April 08
Brooks	Weldon	April 08
Beth	Coulombe	April 09
Carter	Tool	April 09
Tim	Wheatley	April 09
Tim	Allison	April 10
Cheri	Ashfeld	April 10
Dawn	Cook	April 10
Judy	Schuette	April 11
Eileen	Torgerud	April 11
Will	Hartnett	April 11
Becca	Finkelson	April 12
Rachel	Halbersma	April 12
Kayleigh	Olson	April 12
Jason	Engel	April 14
Nolan	Kane	April 14
Brant	Olson	April 14
Eilee	Olson	April 14
Dan	Peterson	April 14
Gavin	Carson	April 15



Ethan	Thomas	April 15
Lindsey	Sjulstad	April 15
Bradon	Thomas	April 16
Siri	Bartlein	April 17
Lettie	Eichten	April 17
Eric	Hanson	April 17
Reagan	Krysan	April 17
Olivia	Kopperud	April 18
Bella	Dinger	April 18
Mike	Larison	April 19
Chris	Sandberg	April 19
Sydney	Strobl	April 19
Chloe	Fritz	April 21
Lowell	Johnson	April 21
Mark	Vatnsdal	April 21
Anna	Wischmann	April 21
Jim	VanCura	April 23
Taylor	Tool	April 23
Ally	Underhill	April 23
Susie	Larison	April 24
Jeanie	Stigman	April 24
Klaus	Lundstedt	April 24
Jennifer	Grant	April 25
Nolan	Peterson	April 25
Sydney	Pink	April 25
Carolyn	Hirsch	April 26
Griffin	Rosaaen	April 26
Rebecca	Rue	April 26
Grace	Reiffenberger	April 26
Alice	Evjen	April 27
Briana	VanCura	April 27
Jack	Janike	April 27
Wendy	Caslavka	April 28
Teddy	DeMars	April 28
Alex	Hartnett	April 28
Kathy	Behm	April 29
Lola	Haugen	April 29
Kim	Kane	April 29
Marcie	Ludwig	April 29
Cael	Olson	April 29
Brynn	Spanier	April 29
Dan	Eichten	April 30
Hunter	Allen	April 30

May Birthdays

Jake	Olson	May 01
Braylee	Rue	May 01
Erin	Olson	May 01
Paxton	Sjulstad	May 01
Sue	Heinzen	May 02
Cayden	Bragg	May 02
Kari	Fulton	May 02
Edie	Henson	May 03
John	McClelland	May 03
Carmen	Hanson	May 04
Dalton	Schultz	May 04
Brooks	Gabrick	May 05
Annika	Quamen	May 05
Owen	Borman	May 05
Avery	Klaphake	May 05
Emery	Klaphake	May 05
Brogan	Stoddard	May 06
Scott	Dallmann	May 07
Rose	Bitterman	May 07
Halle	Lansing	May 08
Hayden	Rue	May 08
Zachary	Henson	May 09
John	Magner	May 09
Mara	Myhre	May 09
Elijah	Wheatley	May 09
Carol	Kocina	May 10
Emma	Meyer	May 10
Kaci	Malo	May 11
Melanie	Paulson	May 12
Betty	Anderson	May 12
Bryn	Beyer	May 13
Bria	Barfnecht	May 15
Leo	Hanson	May 15
Brandon	Heinzen	May 15
Jeannie	Ludwig	May 15
Jennifer	Slipka	May 15
Sydney	Wuerger	May 15
Benjamin	DeMars	May 16
Jennifer	Hinker	May 16
Robin	Olson	May 17
Anika	Paulson	May 17
Mike	Bunker	May 17



Bob	Gielau	May 18
Jon	Olson	May 18
Diane	Schmidt	May 18
Tom	Screeden	May 18
Nolan	Lockrem	May 18
Taylor	Olson	May 18
Christopher	Mikkelsen	May 19
Danny	Chock	May 19
Navy	Eichten	May 21
Matt	Kane	May 21
Bonnie	Snaza	May 21
Halle	Gallus	May 21
Brooks	Halbersma	May 22
Delwood	Hirsch	May 22
Jill	Johnson	May 22
Jackson	Gilman	May 22
Kiptyn	Lansing	May 22
Siena	Dinger	May 23
Devin	Schansberg	May 23
Madison	Schansberg	May 23
Aaron	Fulton	May 23
Dave	Kelly	May 24
Vicky	Rootes	May 24
Anna	Streich	May 25
Gracelynn	Ross	May 25
Blair	Berscheid	May 26
Cameron	Berscheid	May 26
Micah	Behnke	May 27
Curtis	Czock	May 27
Lindsey	Thompson	May 27
Aaron	DeMars	May 28
Emma	Lotzer	May 28
Abigail	Froehle	May 29
Matthew	Schuette	May 29
Wendy	Anderson	May 29
Brian	Anderson	May 30
Grant	Dallmann	May 30
Brad	Goldbeck	May 30
Kristi	Hoffmann	May 30
Tate	Olson	May 30
Kristin	Fulton	May 30
Gabrielle	Mielke	May 31