



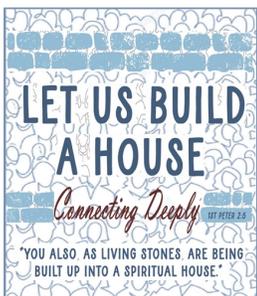
## Worship

- In-person worship—  
9:30 AM Sundays
- Online worship is  
live-streamed to our  
[YouTube](#) and  
[Facebook](#) pages



## Church Council 2026

Fred Caslavka  
Pat Czock (sec'y.)  
Brandt Dinger  
Heidi Goldbeck  
Luke Jeseritz (treas.)  
Lisa Krause (pres.)  
Justin Lindall  
Erin Olson  
Ryan Tool (v. pres.)  
Pastor Tim Wheatley



## Contact us!

Light of Christ Lutheran  
3976 County Line Road SE  
Delano, MN 55328  
(763) 972-2400



[LightOfChristLutheran.com](http://LightOfChristLutheran.com)  
[Terri.Reuter@locdelano.com](mailto:Terri.Reuter@locdelano.com)

## Ever wonder how the ashes for Ash Wednesday are made?



Burning the palm leaves from last year.



The tools for refining the ashes.



Mortar and pestle are used to grind the remains of the fire into a fine ash.



Ash is sifted through a colander in order to remove large chunks. Don't worry, all of the items I use are set aside only for ashes each year.



As in the time of Jesus, olive oil is used to thicken the ashes.



I test the ashes for the correct consistency on my arm, adding more ashes or oil until the "perfect" cross is achieved.



Trial and error takes time and practice.

# Lent



## Lenten Worship

Weekly Wednesday Lenten worship begins on February 25<sup>th</sup> at 6:30 PM and will incorporate the Holden Evening Prayer service, as well as feature the 10<sup>th</sup> graders' faith statements. Services will also be [livestreamed](#). A meal will be held at 5:30 PM before each service, provided someone signs up to serve.

## Sign Up to Serve a Lenten Supper!

Lenten suppers will be served at **5:30 PM**, prior to each Wednesday Lenten service through March 25<sup>th</sup>. **Groups and/or individuals are invited to serve a Lenten supper.**



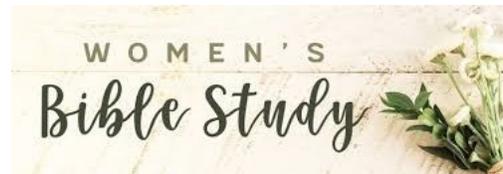
A sign-up sheet is posted on the bulletin board in the office area; or you can contact Terri in the church office. A free-will offering taken at each meal may be used for a cause designated by the meal's hosts. Here is the supper schedule so far:

- ◇ 2/25: Soups served by the Children & Family Ministry Team
- ◇ 3/04: Open
- ◇ 3/11: Sloppy Joe's served by Church Council
- ◇ 3/18: Pasta served by Mission Trip Youth
- ◇ 3/25: Open

Contact the church office if you'd like to sign up to serve one of the open dates.

## Order Your Easter Flowers

Honor or remember a loved one with Easter flowers and help decorate the sanctuary for our Easter services. Click [here](#) to place your order. Deadline to order is **Sunday, March 15<sup>th</sup>**. Thank you for beautifying our church!



## Women's Bible Study

The women's Bible study meets **the first and third Mondays of the month, 6:30–8:00 PM at LOC**. We will meet through June. We are studying the book *Even Better than Eden* by Nancy Guthrie. More information can be found on flyers in the narthex. If you are interested in participating, please contact Lindsay Lindall at [lindsay.lindall@gmail.com](mailto:lindsay.lindall@gmail.com).

## HOOT NEWSLETTER

Our **March** event will change to **Friday, March 20<sup>th</sup>** and we'll have a pizza party.



OWLS Bible Study will continue to meet every Sunday after worship except the first Sunday of each month and Easter. We are studying "Old Testament Characters." Please join us anytime as each lesson stands alone and we have extra books available. You will find it helpful for a better discussion if you have done the study prior to our meetings!

Have ideas for a "lunch and learn" or other monthly outings? Contact anyone on our planning team: Jewel Ekern, Lona Jose, Laurie Grimm, Bill and Sue Fink.

## Thursday Night Bible Study

All are welcome to join us for our study of the Gospel of John on **Thursdays at 7:00-8:30 PM**. If you have



any questions, feel free to call Gina Nee at 651-353-2277. Great for beginners or anyone simply hungry to discover more about God and to grow in one's faith. Also, a wonderful way to get to know a few other folks!

## Caring Corner

(from Sue Fink of the Healing & Wholeness Committee)

### “Get Your Glimmer On!”

Our Mental Health Connect collaborative offers monthly educational seminars. This month I attended a Zoom seminar entitled, “I Am Safe: Mind-Body Practices for Promoting Mental Health.” One highlight I felt compelled to share is an article on the idea of “**glimmers**.” This article contains excerpts and a summary of what I learned.

What are **glimmers**? They are tiny micro moments of joy – fleeting, everyday moments that elicit a rush of happiness, gratitude, calm, peace, safety, or goodwill. Examples include:

- ⇒ Spotting a rainbow
- ⇒ Feeling the warmth of the sun on your skin or beach sand between your toes
- ⇒ Getting a hug or smile just when you need it
- ⇒ Delighting in an out-of-the-blue phone call from a friend you were just thinking about
- ⇒ Enjoying the lovely smell of fresh flowers or cinnamon rolls in the oven
- ⇒ Hearing birds chirping in the trees
- ⇒ Watching a child laugh or a puppy frolic
- ⇒ Gazing at the stars on a clear night or snow falling on a quiet winter day

Glimmers evoke positive emotions and help your nervous system relax and counteract the effects of stress. The opposite of glimmers are triggers. Triggers evoke negative emotions and activate the “fight or flight” response which can rapidly spark agitation, anxiety, fear, sadness, or anger. That’s because triggers are reactions to memories, situations, or people associated with unresolved trauma. We’ve all experienced plenty of trauma this past year, piled on top of the struggles we each carry every day. Let’s also help our children and youth to understand these concepts and what we can each do to help our mental wellbeing.

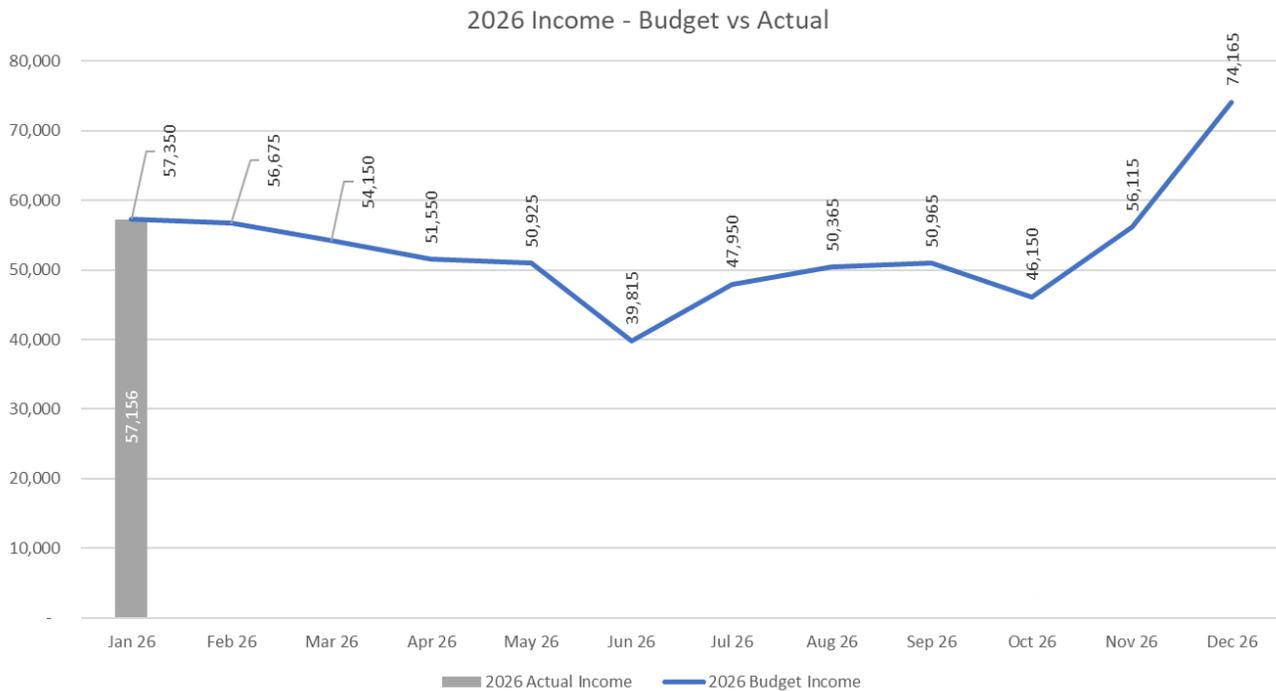
Keeping your eyes and mind open to finding glimmers helps you to stay in the present moment rather than worrying about the future or fretting over the past. Sometimes when we’re suffering from depression, grief, or anxiety, we may have trouble seeing “glimmer moments,” but it’s an exercise we can intentionally start to practice, one day, one glimmer at a time. It is possible to retrain our brains away from negative thoughts. When you make a practice of noticing the expected and unexpected small gifts in your own life, you begin noticing more and more good. Rather than being on the lookout for danger, you’re on the lookout for beauty and ease, which can have long-lasting, supportive consequences on personal growth and social connection.

Here are some helpful hints to get you started:

- ⇒ Start your day expecting to experience glimmers and use all your senses
- ⇒ Try writing a “glimmer journal” which will help validate the goodness in God’s world
- ⇒ Limit screen time so you’re more likely to get outside or engage with others
- ⇒ Make the effort to connect with others, which improves both mental and physical health

FYI- our [LOC website](#) and weekly bulletin article can link you to the Mental Health Connect Navigator Line if you are in a mental health crisis yourself or concerned about someone who is. You will hear back from a caring trained person who will help you navigate resources to get you started on your way back to mental wellness. And as you know, if a situation seems emergent, call 988 for immediate support or 911 for a dangerous situation.

## LOC Monthly Income - Actual versus Budget



### YTD Summary January 2026

- YTD Budget \$57,350
- YTD Actual \$57,156
- Year to Date Actual is **\$194** below budget

### Film Showing: *Prairie Prophecy*

Sunday, March 1 | After Worship | Fellowship Hall

Join us after worship on **Sunday, March 1**, for a special showing of the award-winning documentary *Prairie Prophecy*.

This visually stunning and thought-provoking film explores the future of agriculture, the health of our land, and the choices shaping our shared future. At the heart of the story is **Wes Jackson**, founder of The Land Institute, whom *Utne Reader* once described as “one of the 100 most important people you’ve never heard of.” His life’s work challenges us to rethink how we grow food, care for the soil, and live responsibly within creation.

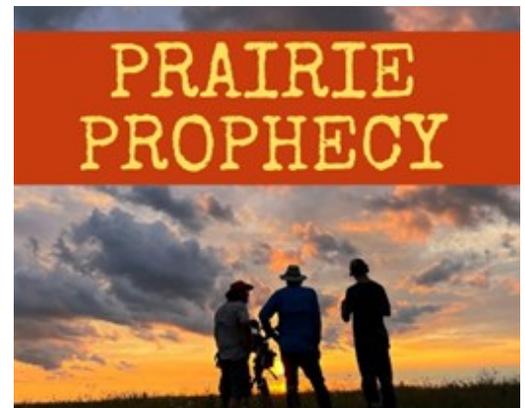
While not a “religious” film in the traditional sense, *A Prairie Prophecy* carries deep theological resonance. It invites viewers to reflect on Christian stewardship, care for God’s creation, and what it means to faithfully tend the one home God has entrusted to us. The film asks timely and important questions: How do our daily choices shape the world? What responsibility do we bear for future generations? How might faith communities respond?

A brief **Q & A conversation** will follow the film.

Come be informed. Come be inspired. Come reflect on what faithful stewardship looks like in our time.

(Suitable for Jr/Sr High and older)

Learn more about the film at: <https://www.prairieprophecy.com>



## Join us on 3/15/26 for our youth fundraiser!



### Support the 50+ Youth Going on our Summer Mission Trips!

We hope you'll join us for our fabulous youth fundraiser on **Sunday, March 15<sup>th</sup>**! Please remember the youth with any donations you might have that would be good for the auction! Donations are due by **March 9<sup>th</sup>**. Some donation ideas include (*new and gently used items*):

- ◇ Gift cards
- ◇ Toys
- ◇ Unwanted Christmas gifts
- ◇ Event tickets
- ◇ Cabin rentals
- ◇ Personally hosted events, such as dinners/boating
- ◇ Handmade items
- ◇ Jewelry
- ◇ Sports equipment
- ◇ Books
- ◇ ***No used clothing, please***

Our auction will be online again this year from 7:00 AM–5:00 PM on March 15<sup>th</sup>, with items on display at church from 3:00-5:00 PM. Marcus Hanson and Lindsay Wallace will again be serving wine and beer samples beginning at 4:00 PM. The dinner takes place from 5:00-7:00 PM with the fabulous LIVE Dessert Auction around 6:30 PM... don't miss it! Tickets for the dinner are now on sale and can be purchased before/after worship, by [emailing Kirsten](#), or from Terri during normal office hours. Thanks for your support of our summer 2026 trips!

## Pizza & a Movie!



Join us for a free showing of the movie "Wonder" at Light of Christ on **Friday, February 27<sup>th</sup> at 5:00 PM**, with pizza for \$2/slice starting at 4:00. Please pay at this link (**by Thursday, February**

**26<sup>th</sup>**) so we make sure to order enough pizza: <https://secure.myvanco.com/L-Z624/home>

## VOYAGERS



## First Communion Instruction



First Communion instruction sessions for spring 2026 are **Thursdays, March 5<sup>th</sup> and March 19<sup>th</sup>, 5:00-7:00 PM**. [Click here to sign up](#). We invite you to participate in this meaningful time!

First Communion instruction involves participation in an orientation session and a second session for review and instructions for First Communion service, which will be on **Maundy Thursday, April 2<sup>nd</sup> at 6:30 PM**. Participants and their parents are asked to go through the book "All Are Welcome" and watch "The Prince of Egypt" movie. Students will also make a First Communion banner and decorate their First Communion cup.

Finally, please don't hesitate to contact Sabrina Kolley if you have any questions or concerns about this. We're happy to have more conversation about this faith milestone in the lives of our children.

## Confirmation Calendar

- **2/25 —3/25** = Lent Wednesdays (no "regular" Confirmation. Please attend 6:30 worship with your family. Lent dinner beforehand from 5:30-6:15 PM.
- **3/18—7<sup>th</sup> grade** Lent Cross Project due



## Summer Camp at Wapo

Register now for summer camp at Wapo! Below are the dates LOC is planning to be there but you can register for *any* Wapo camp or Week. **LOC Weeks:**

[Wapo Youth \(Gr 4-9\)](#) June 21-26, 2026

[Wapo Youth \(Gr 4-9\)](#) July 26-31, 2026

[Wapo One Day \(K-2\)](#) June 24, 2026

[Wapo Seeds \(Gr 1-4\)](#) June 19-21, 2026

Here is our church-specific registration link to ensure you register for the correct week and program: <http://lwlbc.com/loc-delano>. Please reach out with any questions!





200  
**PATHFINDERS**  
2.11.26

we are  
  
CHILDREN  
  
of GOD.  
ROMANS 8:16

