



Explore The Dennis Center for Active Living's beautiful space as we share a wide array of social, health and wellness resources available in our community.

DENNIS FOR ALL ABILITIES!

Join Us Summer Kick-Off

**BUILD YOUR OWN
BIRDHOUSE!**



MEET MATILDA!



**THURSDAY, JUNE 25, 2026
10 AM - 2 PM**

**HEALTH
SCREENINGS**

**EXHIBITOR
TABLES**

**NUTRITION, DANCE,
EXERCISE, MASSAGE,
MEDITATION,
SOCIALIZATION,
AND MUCH MORE!**

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