Calling all Caregivers!

You are Not Alone

Join us for a Caregiver Workshop
Connect with other Caregivers

- Explore caregiver topics, tips and strategies
- Learn about Elder Service's programs and easy self-care strategies
- For those who wish, this group will continue on as a monthly caregiver support group

Thursday, May 7th, 2026

9:30-11:30 a.m. at the Dennis Center for Active Living.

Please register with Laura Cheesman

508-258-2476 or laura.cheesman@escci.org