

FREE TO ALL VETERANS

STAND DOWN FOR VETERANS

CAPE COD

FRIDAY, OCTOBER 13TH, 2023 FROM 10AM TO 2PM



PATRIOTIC OPENING CEREMONY 10AM:
Colum Cille Bagpipes, Color Guard, National Anthem

Emerald Resort: Irish Village/Hyport Conference Center
Grand Ballroom 35 Scudder Ave Hyannis MA

GIVEAWAY ITEMS: TOILETRIES, PERSONAL HYGIENE ITEMS,
BLANKETS, NEW CLOTHING, GENTLY USED CLOTHING.



BARNSTABLE COUNTY HEALTH DEPARTMENT
PRESENTS: FREE FLU CLINIC
Health Screenings - Blood Pressure & Skin Analysis

FREE HAIRCUTS BY:
Frankie's Barbershop, Hairworx, Supercuts

FREE LUNCH & TABLE TALK MINI PIES
(while they last) 12:30PM

HOUSING SOLUTIONS

EMPLOYMENT-RESUME TUNE-UP!
Bring your resume for review by James Gouzias
from Jobs for Veteran State Grant Program

WELLNESS PROGRAMS

FINANCIAL & BANKING ADVISORS

MENTAL HEALTH/SUICIDE PREVENTION

ALZHEIMER'S & DEMENTIA CAREGIVER SUPPORT

MANY VETERAN ORGANIZATIONS

SWAT MOBILE

MASSAGE THERAPY MOBILE UNIT,
HELENE ILLSTON, LMT.

CAPE COD HEALTHCARE
BLOOD MOBILE

"PERMISSION TO PAUSE" BY
CERTIFIED LIFE COACH, NANCY
SAWYER 10:30AM
PRE-REGISTRATION REQUIRED

COOKING DEMO WITH PAMPERED
CHEF-SHERRI BAKER

DOTERRA ESSENTIAL OILS,
SUPPORTING EMOTIONAL HEALTH
1PM PRE-REGISTRATION
REQUIRED

PRE-REGISTRATION IS REQUESTED at capeveterans.com
Click News & Events / Special Events / Stand Down Pre-Registration

TRANSPORTATION: Cape Cod Regional Transit Authority's DART Bus Mon-Fri. 8am-noon call 800.352.7155
or capecodrta.org. \$3 round trip for Seniors. Or call CIVOC Transportation Coordinator Angela 508.827.0908.

FOR MORE INFORMATION CALL Barbara-Anne Foley 508.237.3349