



Elder Services

of Cape Cod and the Islands

MEET SCOTT, MEALS ON WHEELS VOLUNTEER

Scott grew up in Connecticut, went to college in Boston, settled in Needham, and retired to Cape Cod after a 40 year professional career spent in High Tech. Scott cannot hide his pride when it comes to family, along with wife Gail, boys Sam and Alex, and golden retriever Lucy.

Scott has many interests but of note was a 25 year career as a high school basketball official.

Sportsmanship and fair play were the rules by which he governed. Now he can be found at The Captain's playing golf on most days.



What prompted you to volunteer for Meals On Wheels?

Retirement is a wonderful stage of life, but overnight you go from having many constraints on your time to having little or none. I was looking for meaningful not for profit involvement in something important to the community.

JOIN US!

ESCCI.ORG/VOLUNTEER

**"KNOWING MY EFFORTS
BRING PEACE TO THE
PEOPLE WHO NEED IT THE
MOST IS EXTREMELY
FULFILLING".**

**THANK YOU,
SCOTT**

What impact does the Meals On wheels program have on members in need in your community (from your experience)?

The impact our food delivery has on the community is immeasurable. You see it with every house we deliver to. The combination of human contact and consistent delivery of their food, gives the member a sense of community and well being. During the worst of the pandemic it was the delivery teams that were deemed critical care givers that enabled the continual delivery of needed food.