



FREE!

The City of Millbrae and Central County Fire Present

Community Emergency Response Team Training (CERT)



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Here is your opportunity to become a trained member of "CERT", the City of Millbrae Community Preparedness Program. Participants in this 20-hour series of classes will learn how to be part of neighborhood response teams, cross-trained in basic emergency skills. Each class emphasizes skills that will be practiced during a hands-on session at the Chetcuti Room, Millbrae Community Center Great Room and Millbrae Fire Station # 37.

<p>Tuesday, January 22, 2019</p> <p>Disaster Awareness, Fire Safety & Utility Control</p> <ul style="list-style-type: none">• Disaster types, history and probability• How to prepare before it happens• What to do when a disaster strikes• Natural gas, water and electrical controls• Types of fire & use of extinguishers to put fire out <p>GREAT ROOM 623 Magnolia</p>	<p>Tuesday, January 29, 2019</p> <p>Medical Part 1</p> <ul style="list-style-type: none">• Treat Life – Threatening Conditions• Triage – Public Health Considerations• Disaster Medical Operations• Establishing Treatment Areas
<p>Tuesday, February 5, 2019</p> <p>Medical Part II</p> <ul style="list-style-type: none">• Head-to-toe assessments• Opening the airway• Stopping bleeding and controlling shock• Triage, burns, fractures and other injuries	<p>Tuesday, February 12, 2019</p> <p>Light Search and Rescue</p> <ul style="list-style-type: none">• Different types of construction and where to look for damage; building marking system• Interior search patterns• Lifting heavy objects and mechanical advantage• Victim carries
<p>Tuesday, February 19, 2019</p> <p>Disaster Psychology, CERT Organization and Management</p> <ul style="list-style-type: none">• Disaster Psychology• CERT Incident Command System; managing the disaster and documentation• Disaster plans and where CERT Fits in	<p>Tuesday, February 26, 2019</p> <p>CERT Communications</p> <ul style="list-style-type: none">• Communications 101• Composing emergency messages• Hands on practice with MURS Radios <p>GREAT ROOM 623 Magnolia</p>
<p>Tuesday, March 5, 2019</p> <p>Terrorism & Refresh</p> <ul style="list-style-type: none">• What is Terrorism?• Terrorist targets• Preparing at home and work• Refresh for "Skills Day"	<p>**Saturday, March 16, 2019**</p> <p>Skills Development and Application</p> <ul style="list-style-type: none">• Extinguish fires• Triaging and treating victims• Extricating victims trapped by heavy timbers• Interior search for reported missing persons• Course Review-Graduation Ceremony

Classes will be held in Millbrae at the Chetcuti Room, 450 Poplar Ave. or at The Great Room, 623 Magnolia from 6:30 to 9:00 PM and the last class, ****Skills Development & Application****, will be held at Fire Station #37, 511 Magnolia Avenue in Millbrae on Saturday, March 16th from 8:00 AM to 3:30 PM.

Please wear comfortable shoes and clothing to the last class

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To register please visit: bit.ly/CERTWINTER19

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