



The City of Millbrae & Central County Fire Dept.
present
**Community Emergency Response Team
 (CERT) Training *FREE!***



Here is your opportunity to become a trained member of “CERT”, the City of Millbrae Community Preparedness Program. Participants in this 20-hour series of classes will learn how to be part of neighborhood response teams, cross-trained in basic emergency skills. Each class emphasizes skills that will be practiced during a hands-on session at the Chetcuti Room and Millbrae Fire Station # 37.

<p>Thursday, January 18, 2018 Disaster Awareness, Fire Safety & Utility Control</p> <ul style="list-style-type: none"> • Disaster types, history and probability • How to prepare before it happens • What to do when a disaster strikes • Natural gas, water & electrical controls • Types of fire & use of extinguishers to put fire out 	<p>Thursday, January 25, 2018 Medical Part 1</p> <ul style="list-style-type: none"> • Treat Life – Threatening Conditions • Triage – Public Health Considerations • Disaster Medical Operations • Establishing Treatment Areas
<p>Thursday, February 1, 2018 Medical Part II</p> <ul style="list-style-type: none"> • Head-to-toe Assessments • Opening the airway • Stop bleeding and controlling shock • Triage, burns, fractures and other injuries 	<p>Thursday, February 8, 2018 Light Search and Rescue</p> <ul style="list-style-type: none"> • Different types of construction and where to look for damage • Building marking system • Interior search patterns, lifting heavy objects and mechanical advantage, victim carries
<p>Thursday, February 15, 2018 Disaster Psychology, CERT Organization and Management</p> <ul style="list-style-type: none"> • Disaster Psychology • CERT Incident Command System; managing the disaster and documentation • Disaster plans and where CERT fits in 	<p>Thursday, February 22, 2018 CERT Communications</p> <ul style="list-style-type: none"> • Communications 101 • Composing emergency messages • Hands on practice with MURS Radios
<p>Thursday, March 1, 2018 Terrorism & Refresh</p> <ul style="list-style-type: none"> • What is Terrorism • Terrorist Targets • Preparing at Home and Work • Refresh for Skills Days 	<p>**Saturday, March 10, 2018** Skills Development and Application</p> <ul style="list-style-type: none"> • Extinguish fires • Triaging and treating victims • Extricating victims trapped by heavy timbers • Interior search for reported missing persons • Course Review-Graduation Ceremony

All classes will be held at the **Chetcuti Room, 450 Poplar Ave., Millbrae** from 6:30pm to 9:00pm and the ****Skills Development & Application**** will be held at **Fire Station #37, 511 Magnolia Ave., Millbrae** on Saturday March 10th from 8:00 AM to 3:30 PM.

FREE!

Please wear comfortable shoes and clothing to the last class.

FREE!

To register please visit: <http://conta.cc/2xNd0hV>