# McKenzie April

| Monday | Tuesday | Wednesday | Thursday |
|---|---|---|---|
| 3<br>Mac & cheese<br>Yum bowls<br>Pizza | 4<br>Nacho bar<br>Burritos/ soft tacos | 5 Donut Day<br>Baked potato bar<br>(Ham, broccoli & cheese)<br>Chicken nuggets | 6<br>Chicken sandwich<br>Cheeseburgers<br>Egg salad sandwich |
| 10<br>Creamy Chicken Noodle Soup<br>Pizza | 11<br>Nacho Bar<br>Cheese Quesadillas | 12<br>Teriyaki Chicken<br>Brown Rice & Noodles<br>Chicken Nuggets | 13<br>Chicken philly<br>Cheeseburgers<br>Ham & cheese sandwich |
| 17<br>Fish & fries<br>Yum bowls<br>Pizza | 18<br>Nacho bar<br>Tacos | 19<br>Spaghetti<br>Chicken nugget<br>Breadsticks | 20<br>BBQ pulled pork<br>Cheeseburgers<br>Turkey & cheese sandwich |
| 24<br>Mac & cheese<br>Pizza | 25<br>Nacho bar<br>Burrito/soft tacos | 26<br>Lasagna<br>Chicken nugget<br>Breadsticks | 27<br>Chicken sandwich<br>Cheeseburgers<br>Egg salad sandwich |

Happy Spring!

Vegetarian options available daily

LARGE FRESH SALAD BAR, FRUIT, NF CHOCOLATE, 1% WHITE MILK SERVED DAILY

"This institution is an equal opportunity provider"

~Menu is subject to change~

**Breakfast Served Daily Before School @ 7:45**

**Mon~ Pancakes**

**Tues~ BK Sandwich**

**Wed~ French Toast**

**Thur ~ Biscuit s & Gravy**

***Served Daily***

**Cereal, Fruit, Juice, Bagel & Yogurts**

**NF Chocolate & 1% White Milk**

All the vibrant colors in fruit and vegetables come from natural plant chemicals that have healthy effects on our bodies. Different colors have different effects, so it's good to eat a variety of different colors each day.

Offer your kids a colorful snack of different fruits and berries, or chop vegetables into interesting shapes to make them seem more fun and exciting.