

McKenzie DECEMBER

Monday	Tuesday	Wednesday	Thursday
			<u>FRIDAY SCHOOL</u> 1 BBQ Pulled Pork Sandwich Corn Dogs Sweet potato Fries
4 Chicken Noodle Soup Yum Bowls Fish & Fries	5 Nacho Bar Cheese Quesadilla	6 Baked Potato Bar (Ham, Broccoli & cheese) Chicken Nuggets	7 Pizza Day
11 Teriyaki Chicken & Rice Yakisoba Noodles BBQ Chicken on flat bread	12 Nacho Bar Pork Enchiladas with green sauce	13 Scalloped Potatoes w/ Diced Ham, Green Beans & Roll Chicken Nuggets & Roll	14 Pizza Day
18	19	20	21
Winter Break			
25	26	27	28
School returns on Tuesday January 2nd			



Vegetarian options available daily

LARGE FRESH SALAD BAR, FRUIT, NF CHOCOLATE, 1% WHITE MILK SERVED DAILY

” This institution is an equal opportunity providers “



Breakfast Served Daily
Before School @ 7:45

Mon~ Pancake Wrap

Tues~ BK Sandwich

Wed~ French Toast

Thur ~WG Biscuits & Gravy

Served Daily

Cereal, Fruit, Juice,

NF Chocolate & 1% White Milk

Catch Tip

Research shows that most babies and young children need to try something new seven to ten times before they like it. So don't be afraid to introduce children to new or more exotic tastes.

A good tactic to get kids to eat a wide variety of foods is to tell them that tasting new things is a sign they're growing up. Or, take them shopping and let them choose a new, healthy food to serve at home with something they already like.

