

## **POSSIBLE SKILLS TO WORK ON AT HOME**

### **ADAPTIVE BEHAVIOR**

- **Follow a Toothbrushing routine**
- **Follow Face washing routine**
- **Getting dressed/undressed**
- **Follow a toileting schedule**
- **Provide 1, 2, 3 steps tasks throughout the day**

### **FUNCTIONAL ACADEMICS**

- **Skills with Coins**
- **Skills with Paper money**
- **Set up a “store” in the kitchen and bathroom to practice buying things and describing what each thing is called and what it is for**
- **Telling time to 30 minutes; 15 minutes**
- **Providing name, address and phone number**
- **Using 911 appropriately**

### **LITERACY**

- **Parent verbally reads a paragraph or page; Student reads next paragraph/page**
- **Student independently reads for 15min; 30 min; 45. Ask questions about what was read: What happened? What do you think will happen next?**
- **Student listens to a story, news paper or magazine article or watches a video and verbally responds, writes a response or draws a response**
- **Label items around the house with POST-Its and review each day/week**
  - What is the object**
  - What does it do**
  - How do we spell the object**

### **MATH**

- **Work on math facts: (addition, subtraction, multiplication, division)**
- **Follow a recipe to work on measuring**
- **Use things around the house to show and work with fractions: a loaf/slice of bread; a cut up piece of fruit; a pizza**
- **Use household items to work on concepts of: bigger, heavier, smaller, less than, more than**

## **WRITING**

- **Practice writing capital and lower case letters**
- **Practice writing words, sentences or paragraphs**
- **Write a letter to Ms. Kim, a relative, or a friend telling them about your time at home, cut out pictures from magazines to show what you are doing**

## **COMMUNICATION**

- **Talk to your child and request verbal imitation back**
- **Set up a fun activity and prompt your child to use verbal communication to get what he/she wants**
- **Seek and keep track of verbal utterances your child makes/initiates**
- **Use the audio function on a phone to practice speech**

## **SOCIAL SKILLS ~ BEHAVIOR**

- **Play a board game, card game as this promotes waiting for a turn, following rules and sitting still. Don't forget "Simon Says" as a fun way to follow directions and listen carefully**
- **Set a routine in your house as best you can and follow put so your child's day has as much structure as possible**
- **Work on a family schedule together- make it fun, add drawings and post it in various places in your home**
- **Use "if-then" statements with your child**