

# Sleep Medicine Center

## Service FAQs

By bringing our sleep medicine center oversight and staff and services management in-house, we are able to provide the management of calls, oversee the scheduling and referral process for all sleep studies and office visits, and provide assistance with sleep equipment.

Listed below are answers to frequently asked questions regarding scheduling, ordering of sleep studies and insurance referrals.

### **How do I order a sleep study for my patients?**

For provider convenience, the sleep medicine center currently has four easy methods to order a sleep study.

1. Via EMR utilizing the bucket system
2. Populating the sleep study order form in EMR and sending it via Biscom fax
3. Printing the sleep study order form and sending it to the sleep center via traditional fax 781-306-6365
4. Printing the sleep study order from the PDF and manually filling out and faxing

### **Who should I call with any questions?**

For scheduling or insurance issues, please call the sleep medicine center at 781-306-6366.

### **Who reads the sleep studies?**

The sleep studies are staged and scored by AASM certified sleep technologists within the Sleep Medicine Center. The sleep studies continue to be interpreted by our board-certified sleep medicine physicians Dr. Meena Mehta and Dr. Michael Zaslow.

### **Who is doing insurance referrals for patient visits and sleep studies?**

Referrals are being processed in-house with our new administrative team.

### **When should I schedule a pre-consult for my patient?**

- If a patient has been diagnosed with OSA and needs PAP supplies.
- If a patient has a suspected sleep disorder other than OSA, such as narcolepsy, insomnia, cataplexy, etc.
- When the provider feels there are complicated sleep related comorbidities and would like a pre-evaluation with Dr. Mehta or Dr. Zaslow

### **How will my patient receive the results of their sleep study?**

Results are given to the patient during their post-consultation visit with either Dr. Mehta or Dr. Zaslow. A copy of the sleep study report and sleep physician's interpretation will be entered into EMR. Providers that do not have access to our EMR may request to have the sleep study report and interpretation sent to them via fax.

### **My patient had a sleep study and has been diagnosed with sleep apnea, what is the next step?**

Depending on the sleep study report, a specific PAP therapy will be prescribed by Dr. Mehta or Dr. Zaslow. All supplies relative to the PAP therapy will be ordered by the sleep physicians.

**If you have any additional patient questions or concerns, please reach out to Richard Pesaturo, clinical education specialist, at 781-367-9961, or [rpesaturo@melrosewakefield.org](mailto:rpesaturo@melrosewakefield.org).**