

EAT IN FOR NORRISTOWN

By Cary Nicholas

Our neighbors in Norristown are being very hard hit by ICE raids. Norristown's large Latino community has been devastated by constant detentions and deportations. Families are losing their breadwinners, and businesses are suffering because people are afraid to go out and congregate.

So what better way to enjoy some good food and companionship than to go eat in one of Norristown's many immigrant-owned and -run restaurants? I have been exploring and here is a list of suggested places to go. (There are many more, so if you find any you like, please let me know! Carynich757@gmail.com)

Here are some suggestions – so grab a friend or two or many and GO!

Venga Pues Colombian Café. Temporarily closed because they are moving to Egypt and Trooper roads. The new address is 2601 Egypt Road, Audubon. They should be back in business in early August but best to check first. Call their bakery, (484) 250-3166 for information. My “testers” and I loved it. Delicious traditional Colombian food (not spicy), beautiful fun décor, and a very welcoming and engaging owner. It is farther than some of the others, close to but outside of Norristown—about a 30-40 minute drive. Closed Mondays. Hours 10 am-7 pm (Sunday 10-4pm) The owner suggests reservations if going for a weekend dinner, or if a big group.

El Primo Produce. 1700 Markley, Norristown, (610) 279-2610, (484) 322-5323. Good size restaurant inside a good size market and bakery. Local friends rave (can be noisy, probably depends on when you go). It is in the same complex as the DMV, on the side facing Markley Street.

La Poblanita Mexican Bar. Recommended by a few local folks. (I haven't been yet.) 419 W Marshall St, Norristown. (610) 292-9999. In the heart of the Latino commercial strip, where there are also many small Dominican and other Caribbean as well as Mexican places. Open 9 am-10 pm every day. Street parking nearby.

Los Potrillos Taqueria, 354 W Elm St. #3718. <https://lospotrillosfoodmarket.com>. Open every day 8 am-9 pm. A small taqueria inside a Mexican market. I haven't been but a friend highly recommends it. It is close to the commercial strip area. It looks from Maps GPS like parking is easy. Very few seats.

Emilio's Carnitas, 601 Main St., Norristown. (610) 276-1095. As the name suggests – it's all about meat. Delicious for this omnivore, not for vegetarians. Only about 4 small 4-person booths, so not good for a big group. Very friendly.

La Michoacana. 301 E Main, Norristown. (610) 292-1971. Several friends have enjoyed it and said they will go again. They can handle a big group easily with advance notice. Easy to get to, a small parking lot next door and lots of street parking. Cash is best, especially if you have a big group.



Kate Maus, Cary Nicholas and friend Laura Siena at Venga Pies