

STUFF THE TRUCK



Help Us Stock VCC's New Resource Hub

- VCC and North County Ford are teaming up throughout **September** to help provide food and essential items to local patients and families in need.
- Bring your donations to North County Ford and help us stuff the truck and stock the **shelves at VCC's new Resource Hub** for our community! Details below.



ITEMS NEEDED

Nonperishable Food

- Canned tuna or chicken
- Peanut butter
- Canned beans
- Rice and pasta
- Cereal and oatmeal
- Canned soups
- Canned fruits and vegetables
- Shelf-stable milk
- Healthy snacks
- Dried fruit
- Nuts and seeds
- Baby food



Hygiene & Personal Care

- Toothpaste & toothbrushes
- Soap & body wash
- Shampoo & conditioner
- Deodorant
- Feminine hygiene products
- Diapers & baby wipes
- Toilet paper
- Other unopened personal-care essentials

DROP OFF YOUR DONATIONS

North County Ford
450 W.VISTA WAY, VISTA CA 92083

September 1-30, 2026

9AM - 8PM



FILL THE TRUCK. FILL THE SHELVES. SUPPORT OUR COMMUNITY.