

Tuesday, March 13

CBE Certification Program

Chair: Belinda Zaparinuk, RT(M)(BS), CBEC, FNCBC;

Cathy Cole, NP, CBEC, FNCBC; Tracey Gomez, NP, CBEC; Debora Wright, RT(M), CBEC;

Vicki Koceja, RN-BC, OCN, MBA, FAAMA, PhD; Eleanor Broaddus, RN, CN-BN, BSEC; Stacy Fisher-Biller, RN, CBEC



The purpose is to assure the public that the certified licensed breast health care provider has completed the NCBC CBE® program and has met minimum knowledge and performance standards by recognizing the individual who has met these standards. Candidates who pass the CBE® may use the mark CBEC® to verify they have met all eligibility and testing requirements.

This one and a half day program is designed to utilize Clinical Breast Examination Skills to accomplish a CBE's Paramount Objective, the detection of any palpable breast mass, as another early detection tool to ultimately reduce breast cancer deaths. This is accomplished through a didactic review of Core Breast Knowledge, BSE Technique, Breast Oriented History, Breast Imaging, Diagnostic Procedures with Breast Pathology, Follow-up Recommendations and Risk Management. The didactic component of the program is followed by a full half day of demonstration and practicum on performing a Clinical Breast Examination. Patient models, students and instructors will interface in live scenarios to experience issues and challenges in performing clinical breast exams. This is a validation and certification program of the individual's current skills, and not designed to teach an individual who has not performed Clinical Breast Examinations.

Each student will receive resource materials that outline the major concepts that will be highlighted during the program and information that will be on the testing units. Also included in the resource materials are supplemental reading materials as well as a vocabulary list to assist in the understanding of program material. All test information is included in the resource material. Following Clinical Breast Examination performance review, students will be evaluated on their core knowledge, ability to perform a Clinical Breast Examination with a mock patient situation setting and their tactile skills regarding lump detection. A score of 85% or better must be achieved on the didactic written exam, the performance observation exam and tactile testing in order to pass the program and receive certification.

This program is available to licensed healthcare professionals (physicians, physician assistants, nurse practitioners, registered nurses and radiologic technologists). It is mandatory that individuals be actively performing clinical breast examinations as part of their ongoing job responsibilities. Although this program will provide core knowledge and review performance and tactile skills, this CBE Certification Program is not designed as an entry level or introductory course for practitioners interested in learning basic CBE skills. This CBE Certification Program is designed for practitioners seeking CBE Certification as validation of their mastery of the breast health knowledge and CBE skills.

7:00 - 7:45 am Breakfast Symposia with **Myriad**

8:00 - 8:10 am **Welcome and Introduction**

8:10 - 8:45 am **Components of Breast Self-Examination**

Components of Clinical Breast Examination

- A. Report that Core Knowledge is interfaced in CBE Demonstration
- B. Review the Components of a Clinical Breast Examination
- C. Report that CBE Components will have relevance shown in Clinical Breast Examination Demonstrations

9:30 - 9:45 am **15 Minute Break**

9:45 - 10:00 am **BSE Performance-Demonstration**

CBE Performance – Demonstration

- A. Patient History
- B. Physical Examination
- C. Assessment
- D. Plan of Care - within your scope of practice
- E. Questions and Answers

11:15 - 12:30 pm **Lunch On Your Own**

Case Study

12:30 - 1:00 pm **Case Study on your own or with peers during practice time**

Course Examinations and Scoring Discussion

1:00 - 2:30 pm **CBE/tactile student practice**

2:30 - 2:45 pm **15 Minute Break**

2:45 - 4:45 pm **CBE/Tactile Student Practice**



Belinda Zaparinuk, RT(M), BS, CBEC, FNCBC

Wednesday, March 14

7:30 - 8:30 am **Core Knowledge Test**

8:35 - 1:00 pm **Performance and Tactile Testing According to Test Schedule**