

CBA: Clinical Breast Assessment Pre-Conference

Clinical Breast Assessment

Andrea Kaster, MD, CBEC & Belinda Zaparinuk, RT(M), BS, CBEC, FNCBC

Clinical Breast Assessment (CBA) involves a comprehensive evaluation of a patient with breast concerns including: current breast problems, history, risk assessment, clinical breast exam, appropriate imaging, follow up with biopsy and pathology when indicated. CBA helps ensure the earliest detection of breast cancer, allowing for improved morbidity and mortality. Comprehensive CBA also allows us to appropriately screen high risk women and high-risk populations.

The multidisciplinary team of experts participating in this pre-conference course will present updates in screening, risk assessment (including genetics), clinical breast exam, imaging, and pathology. Participants will also learn about how the latest diagnostic imaging is applied when common focal findings are found on the breast. Additionally, we will review important tools for prevention and risk reduction including lifestyle and risk reducing medications.

Attendees will have the opportunity to participate in interactive clinical case presentations with a panel of experts, to improve critical thinking for the patient presenting with breast concerns. There will be a Certificate of Attendance. Clinical practice will be offered at the end of the day, for those who are interested in CBE instruction.

Friday, March 15

FOLLOWING THESE TIMES
ATTENDEES CAN RECEIVE UP TO
7.5
CREDITS FOR THE DAY

8:00 - 8:30 am	Breast Cancer Basics 101 Melinda Wu, MD, MScCH, CCFP, FCFP
8:30 - 9:00 am	Breast Cancer Risk Assessment: Essential Knowledge & Skills for Practice Kim VanYsseldyk, FNP-BC, AOCNP, ACGN
9:00 - 9:30 am	Screening Recommendations for Average Risk and High Risk Women: How to Advise Our Patients Cathy J. F. Cole, NP, MPH, CHES, FNCBC
9:30 - 10:00 am	Caring in Underserved Populations: Imaging Considerations for Those Most Vulnerable Genevieve Anna Woodard, MD, PhD
10:00 - 10:15 am	Break
10:15 - 10:45 am	Basics of Breast Imaging Christina Tello-Skjersest, MD
10:45 - 11:15 am	Genetics 101 - What Every Clinician Needs to Know Madaline Talamantes, MS, CGC
11:15 - 12:15 pm	Interactive Case Discussion I Andrea Kaster, MD, CBEC & Edith Smith, DNP, CNM, WHNP-BC, AGN-BC, CGRA Moderating with Cathy Cole, NP, MPH, CHES, FNCBC, CBEC; Genevieve Anna Woodard, MD, PhD; Christina Tello-Skjersest, MD & Melinda Wu, MD, CCFP
12:15 - 1:30 pm	Lunch
1:30 - 2:30 pm	Workup & Management of Common Breast Complaints Christina Tello-Skjersest, MD & Andrea Kaster, MD, CBEC
2:30 - 3:00 pm	Breast Pathology 101 Sejal Shah, MD
3:00 - 3:15 pm	Break
3:15 - 3:45 pm	Risk Modification: Helping Our Patients Help Themselves Jessica L. Fraker, MD
3:45 - 4:15 pm	Clinical Breast Assessment: Skills for Practice Belinda Zaparinuk, RT(M), BS, CBEC, FNCBC
4:15 - 4:45 pm	Interactive Case Discussion II Andrea Kaster, MD, CBEC & Edith Smith, DNP, CNM, WHNP-BC, AGN-BC, CGRA Moderating with Christina Tello-Skjersest, MD; Sejal Shah, MD; Belinda Zaparinuk, RT(M), BS, CBEC, FNCBC & Jessica Fraker, MD
4:45 pm	Lectures End For the Day /Receipt of Certificate of Attendance
5:00 - 5:30 pm	"Hands-On" CBE Skills Lab Belinda Zaparinuk, RT(M), BS, CBEC, FNCBC; Edith Smith, DNP, CNM, WHNP-BC, AGN-BC, CGRA; Andrea Kaster, MD, CBEC & Cathy J. F. Cole, NP, MPH, CHES, FNCBC