

It was 1996 and Kurt and I were attending a business meeting with our dear friends Tim and Terri Gray. Tim Gray, an orthopedic surgeon had come to love connecting with Kurt. He was an intuitive feeler (I know a surgeon that was a feeler!) and deeply loved psychology. Kurt delighted in our small group discussions always pushing the limits on their life outlook and beliefs. Tim started his own deep dive into a plethora of reading and had come upon David Hawkins book: Power vs Force: The hidden determinants of human behavior. In this book, Dr. Hawkins detailed the Map of Consciousness. Tim had been telling us for weeks about “this book.” Finally, one evening in the back of the speakers lounge (all four of us were there for leadership training) in a dimly lit area of the Disneyland Hotel, we sat around a small round table and listened with intensity as Tim shared his learnings of ... Dr. David Hawkins. It was this very night that we marveled at what was presented on that one page... THE MAP. So many things unlocked and so many things connected and clarified. Truly. It was on this very special night that we also committed to begin our monthly journeys from California to the Creative Life Center in Sedona, Arizona to hear Dr. Hawkins teach his one-day-seminars. This was some of the best years of my life... and some of the most challenging as I watched Kurt smoothly evolve into what he identified as “everything I always knew to be true” and I deconstructed from my rigid fundamentalism and worked to break free of my once held- concretized beliefs. The introduction of the Map of Consciousness literally changed the trajectory of my life, my marriage and my ...everything. This is not an exaggeration, for even the abrupt and shearing entry into widowhood would have taken a far different course, had it not been for the Map of Consciousness.

*Gloria in Excelsis Deo!*