

# The Women's RETREAT 2019

May 24-26



## WHY?

Self-Doubt? Ready to live without it??? Spend a depth weekend unearthing why you have lived that way and then... learn how you will travel forward jumping high and hard with intention and heart. IT will be impossible for you to go on as you were before, so you will go on as you never have before... this is what it is to live... without SELF-DOUBT!

You will learn to not push away "all that is uncomfortable, & cling to all that is pleasurable. This is EGO. Instead breathe deeply & RELAX into the present moment. This "nervous" feeling in your heart? Breathe in, breathe out. Stay for one moment. This is FEARLESSNESS." (W. Lewis)

## WHERE?

### Joshua Tree Retreat Center

The Joshua Tree Retreat center is one of the oldest and largest retreat centers in the Western United States; most of the unique buildings on the property were designed and built by world-renowned architects Frank Lloyd Wright and his son.

The land rests upon an aquifer, a running river, which produces a magnetic effect on those who enter this ancient and sacred space, a feeling you won't forget!

The 420 acre sacred site has beautiful open space, sacred meditation locations and serene vistas filled with native plants and natural wildlife. You know we will be taking our lounge chairs out into the desert to breathe under the desert night sky! YES!

Our meals will be prepared by our private gourmet chef, and we will have full access to retreat grounds, use of the meditation paths, labyrinth, medicine wheel, tai chi circles, swimming pool and hot tub. That's right ... Imagine, Realize, Manifest.

**Go ahead... register... I only have so many sacred spaces.**

REGISTER: ONLINE or  
BickfordCovington.com  
or telephone @ 909.335.8511

Let it GO. Let it OUT.  
Let it ALL unravel  
Let it free and it can be  
A path on which to travel,