

OCTOBER | 2022

St. Paul Lutheran School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Chicken Tenders Or Grilled Cheese	4 Homemade French Toast Or Pigs-n-Blanket	5 Cheese Quesadilla Or Mini Corn Dogs	6 Domino's Pepperoni Or Cheese Pizza	7 Grilled Hamburger Or Hot Dogs
10 Chicken Nuggets Or Grilled Cheese	11 Chocolate Chip Pancakes Or French Toast Sticks	12 Chicken Noodle Soup w/ a Roll Or Popcorn Chicken	13 Nachos Or Mini Corn Dogs	14 Lasagna Rollups Or Boneless Wings
17 Tomato Soup w/ Grilled Cheese Or Grilled Hot Dogs	18 Walking Tacos Or Mini Corn Dogs	19 Yogurt Parfaits Or French Toast Sticks	20 Domino's Pepperoni Or Cheese Pizza	21 Noodles w/ Sauce on Side Or Popcorn Chicken
24 Chicken Littles Or Grilled Cheese	25 Funfetti Pancakes Or French Toast Sticks	26 Hard or Soft Shell Tacos Or Mini Corn Dogs	27 Mac-n-Cheese w/ Little Smokies Or Chicken Nuggets	28 Half Day
31 Appetizer Basket Or Grilled Cheese	1 Homemade French Toast Or Pigs-n-Blanket	2 Cheese Quesadilla Or Mini Corn Dogs	3 No School	4 No School

News

Lunch Options:

\$3.00 or \$.50 /Reduced

***Main Entrée**

***Peanut Butter & Jelly Meal**

(Sandwich, cheese stick, & Goldfish Crackers)

***Yogurt Meal**

(Yogurt Cup, cheese stick, & muffin)

***Yogurt Smoothie Meal**

(Strawberry Smoothie, muffin, & Goldfish Crackers)

Every lunch comes with a carton of milk or a bottle of water.

Cold lunch students may purchase milk for \$.50 a carton