

## St. Paul School-Based Counselor Report

From August 1st, 2024 to December 31st, 2024.

### COUNSELING STATISTICS

St. Paul had a total of 6 students seek services. Grades ranged from Kindergarten to 5th grade. 33% of students were male and 67% female.

Counselor met with students 9 times, for a total of 4 hours and 55minutes. Topics included major life events, anxiety, and disruptive behaviors. Counselor contacted parents at least 3 times and teachers 9 times. There was 2 Instances of observations In addition to these numbers.

### CLASSROOM EDUCATION

Counselor gave 12 presentations to classes Kindergarten through 8th, totaling 5 hours and 25 minutes, averaging about 30 minutes per presentation. Topics Included an Introduction to services, emotions, and stress. Children were taught how to use stress reduction skills and demonstrated the ability to use them.

### ADMINISTRATIVE AND SOCIAL WORK SUPPORT

Counselor spent 31 hours conducting administrative tasks, Including paperwork, emails, referral processing, attending chapel, eating lunch with students, and being present at transition periods.

Counselor spent 9 hours providing school social work support, such as researching resources, advocating for referrals, and discussing potential services for students.

Counselor drove 300 miles to and from St. Paul for a total of 9 hours of drive time.

### MEETINGS AND PROFESSIONAL DEVELOPMENT

Counselor spent 1 hour and 30 minutes In meetings related to school tasks.