



SEPTEMBER | 2020



St Paul Lutheran School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Chicken Tenders Seasoned Potato Cubes Baby Carrots & Cukes Apple Slices	1 Macaroni & Cheese & Little Smokies or Mixed Berry Yogurt Smoothie & Homemade Cinnamon Roll Sides: Baby Carrots & celery sticks Cantaloupe chunks	2 Hot Ham & Cheese Sandwich Tri Taters Baby Carrots & Fresh Broccoli Apple Slices	3 Hot Dogs on a bun Potato Chips Baked Beans Watermelon Chunks	4 No School 
7 No School 	8 Chicken Nuggets Curly Fries Corn Applesauce	9 Cheeseburger Tater Tots Green Beans Orange Jello w/fruit	10 Domino's Pepperoni or Cheese Pizza Cheez its Baby Carrots & Celery Melon Chunks	11 Chicken Noodle Soup & Grilled Cheese or Hot Dog on a Bun Sides: Baby Carrots & Cukes Strawberry Cups
14 Nachos w/meat & cheese on the side or Yogurt Parfait with Strawberries & Granola Sides: Baby Carrots Apple Slices	15 Chicken Little Sandwiches Potato Chips Corn Banana	16 Homemade Pepperoni or Cheese Pizza Dippers Green Beans Peach Chunks	17 Corn Dogs Curly Fries Baby Carrots & Fresh Cauliflower Apple Slices w/Caramel Dip	18 Pancakes Sausage Tri Tater Strawberry Cups
21 Slider Hamburgers Tater Tots Baked Beans Banana	22 Homemade Italian Dunkers (cheesy breadsticks) Baby Carrots & Cukes Mixed Berry Cups	23 Popcorn Chicken French Fries Corn Apple Slices w/Caramel Dip	24 Domino's Pepperoni or Cheese Pizza Cheez its Baby Carrots & Celery Mixed Fruit Cup	25 French Toast Sticks Sausage Tri Taters Applesauce
28 Hot Dogs Potato Chips Baby Carrots Strawberry Cups	29 Cheese Bosco Sticks w/ Dipping Sauce Green Beans Bananas	30 Chicken Tenders French Fries Celery Sticks Mandarin Orange Cup	1 Tomato Soup/ Grilled Cheese Sandwich Baby Carrots & Cukes Pear Cup	2 11:30 a.m. Early Dismissal

Lunch Options:
 \$2.60 or \$.40 /Reduced

***Main Entrée**

***Peanut Butter & Jelly Meal**
 (Sandwich, cheese stick, & Cheez-its,)

***Yogurt Meal**
 (Yogurt Cup, cheese stick, & muffin)

***Yogurt Smoothie Meal**
 (Strawberry Smoothie, muffin, & Cheez-its,)

Each lunch comes with a carton of milk or a bottle of water.

Cold lunch students may purchase milk for \$.50 a carton.