

# OCTOBER | 2020



## St Paul Lutheran School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Tomato Soup w/Grilled Cheese Sandwich Baby Carrots/Cukes Watermelon	2 <b>½ day No Lunch</b>
5 Hot Ham & Cheese or Chicken Nuggets Tater Tots Apples	6 Nachos w/meat & cheese on side or Yogurt Parfait w/ Strawberries & Granola on side Fresh Cauliflower & Celery Cantaloupe Chunks	7 Noodles w/Spaghetti Sauce on side & Garlic Knots or Pigs In A Blanket w/Emoji Taters Broccoli & Baby Carrots Plums	8 Domino's Cheese or Pepperoni Pizza Cheez It's Baby Carrots & Celery Grapes	9 Walking Tacos or Chicken Sandwich w/French Fries Corn Apples
12 Hamburger on a Bun or Mini Corn Dogs Potato Chips Baked Beans Pear Cups	13 Chicken Noodle Soup w/Grilled Cheese Baby Carrots/Cukes Orange Jello w/fruit	14 Appetizer Sampler (Boneless Wings, Breaded Mozz. Sticks, Onion Rings) Or Hot Dog French Fries Green Beans Mixed Fruit Cup	15 <b>No School</b> 	16 <b>No School</b> 
19 Mac & Cheese & Little Smokies or Mixed Berry Smoothie Homemade Cinnamon Roll Baby Carrots & Broccoli Banana	20 Cheese Quesadilla w/Tortilla Chips or Hot Dog on a bun Corn Orange Slices	21 Confetti Pancakes w/Sausage Or Chicken Tenders Tri Tater Applesauce	22 Domino's Cheese or Pepperoni Pizza Cheez It's Baby Carrots & Celery Peach Cup	23 Popcorn Chicken French Fries Green Beans Apples
26 Grilled Ham & Cheese or Tomato Soup w/Grilled Cheese Sandwich Baby Carrots/Cukes Pear Cup	27 Corn Dog Potato Chips Bakes Beans Banana	28 Italian Dunkers w/sauce or Chicken Nuggets w/ Potato Cubes Corn Apple Slices	29 Chicken Little Sandwiches or Sloppy Joe Sliders Tater Tots Mandarin Orange Cup	30 <b>½ Day No Lunch</b> 

**Lunch Options:**  
\$2.60 or \$.40 /Reduced

**\*Main Entrée**

**\*Peanut Butter & Jelly  
Meal**  
(Sandwich, cheese stick, &  
Cheez-its, )

**\*Yogurt Meal**  
(Yogurt Cup, cheese stick,  
& muffin)

**\*Yogurt Smoothie Meal**  
(Strawberry Smoothie,  
muffin, & Cheez-its,)

Every lunch comes with a carton of milk or a bottle of water.

Cold lunch students may purchase milk for \$.50 a carton.