



FEBRUARY | 2023

St. Paul Lutheran School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| 30 Chicken Noodle Soup w/ Roll Or Grilled Cheese | 31 Yogurt Parfait Or French Toast Sticks | 1 Mac-n-Cheese w/ Little Smokies Or Popcorn Chicken | 2 Nachos Or Mini Corn Dogs | 3 Grilled Hot Dogs Or Tater Tot Casserole |
| 6 Chicken Noodle Soup w/ roll Or Grilled Cheese | 7 Pancakes Or French Toast Sticks | 8 Walking Tacos Or Mini Corn Dogs | 9 Pepperoni Or Cheese Pizza | 10 Mr. Lustila Grilling Hamburger Or Hot Dogs |
| 13 Chicken Nuggets Or Grilled Cheese | 14 Homemade French Toast Or Pigs-n-Blanket | 15 Cheese Quesadilla Or Mini Corn Dogs | 16 Half Day Dismissal @ 11:30 | 17 No School |
| 20 No School | 21 Pasta w/. choice of Alfredo or Marinara Or Grilled Cheese | 22 Hard or Soft Shell Tacos Or Mini Corn Dogs | 23 Pepperoni Or Cheese Pizza | 24 Cinnamon Rolls w/ Smoothie or French Toast Sticks |
| 27 Chicken Littles Or Grilled Cheese | 28 Lasagna Rollups Or Boneless Wings | 1 Nachos Or Mini Corn Dogs | 2 Chocolate Chip Pancakes Or French Toast Sticks | 3 Chicken Fried Rice w/ egg roll Or Popcorn Chicken |

Lunch Options:

\$3.00 or \$.50 /Reduced

***Choice Between 2 Main Entrées**

(Entrée, side, & hot vegetable)

***Peanut Butter & Jelly Meal**

(Sandwich, cheese stick, & Goldfish Crackers)

***Yogurt Meal**

(Yogurt Cup, cheese stick, & muffin)

***Yogurt Smoothie Meal**

(Strawberry Smoothie, muffin, & Goldfish Crackers)

Every hot lunch option includes salad bar.

****Salad Bar****

Carrots-Broccoli-Cucumbers-
 Pears-Peaches-Mixed Fruit-
 Mandarin Oranges-
 Pineapple-Raisins-Cottage
 Cheese-Yogurt
 (items on salad bar rotate on a
 daily basis)

Every lunch includes a carton of milk or a glass of water.

Cold lunch students may purchase milk for \$.50 a carton.